

# John F. Kennedy Catholic Schools Upper Campus Lunch Menu 2018-19

# October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Breakfast for Lunch Fr Toast Sticks Hash Brown Potatoes Sausage	8 Ham & Cheese Foccacia Sand. Buttered Noodles Carrots	9 Loaded Nachoes Spanish rice Corn/Green Beans	10 Penne Pasta Meatballs Salad Bread	11 Pizza French fries Broccoli
14 NO SCHOOL	15 Pepperoni Rolls Spiral Fries Corn	16 Chicken Strips Spiral Fries Baked Beans	17 Ravioli Meatballs Salad Bread	18 Pizza Smart Snack Chips Broccoli
21 Turkey Sub Potato Wedges lett/Tom Carrots & Celery	22 Grilled Cheese Sandwich Tomato Soup Salad	23 Mini Corn Dogs Tater Tots Baked Beans	24 Cavatelli Meat Balls Salad Roll	25 Pizza French Fries Broccoli
28 Salsbury Steak Mashed Potatoes Corn	29 Perogies Green Beans	30 Grilled chicken Mashed Potatoes Corn Gravy Roll	31 Spiral Pasta Meatballs Salad Bread	1 Pizza French Fries Broccoli

## EAGLE UPDATES

Variety of Milk and Fruit served with every Meal.

Cafeteria account deposits can be made by sending cash or check in with your child. Please make sure your child's name is on the envelope or check.

Variety of Salads, Wraps, and Sandwich Baskets are served daily.



This institution is an equal opportunity provider.