

# John F. Kennedy Catholic Schools Upper Campus Lunch Menu 2018-19

# October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Hot Dogs Tater Tots Corn	6 Pepperoni Rolls Smart Snack Chips Corn	7 Loaded Nachoes Spanish rice Corn/Green Beans	8 Penne Pasta Meatballs Salad Bread	9 Pizza French fries Broccoli
12 NO SCHOOL	13 Hot Ham and Cheese Waffle Fries Corn	14 Chicken Strips Baked Potato Halves Baked Beans	15 Ravioli Meatballs Salad Bread	16 Pizza French Fries Broccoli
19 Terriyaki Chicken Egg Roll Rice Oriental Veggies	20 Grilled Cheese Sandwich Tomato Soup Salad	21 Baked Chicken Mashed Potatoes Corn	22 Cavatelli Meat Balls Salad Bread	23 Pizza French Fries Broccoli
26 Salsbury Steak Mashed Potatoes Corn	27 Perogies Green Beans	28 Mini Corn Dogs Tater Tots Carrots	29 Spiral Pasta Meatballs Salad Bread	30 Pizza French Fries Broccoli

## EAGLE UPDATES

Variety of Milk and Fruit served with every Meal.

Cafeteria account deposits can be made by sending cash or check in with your child. Please make sure your child's name is on the envelope or check.

Variety of Salads, Wraps, and Sandwich Baskets are served daily.



This institution is an equal opportunity provider.