



**ENRICHMENT  
AT  
KENNEDY**

**John F. Kennedy Catholic School After-School Enrichment Program**

**Below are the course offerings for the Fall 2019 session of after-school enrichment, which begin Monday, September 9.** Registration and payment (cash or check) are due to the office no later than Thurs. September 5. Make checks payable to JFK and note "enrichment" on memo line. Please pay close attention to class days/dates and times. *Students whose parents or guardians are late picking them up will be sent to extended care and a minimum one hour charge will be applied.* At dismissal, parents are asked to enter and wait by the main office door for pick-up.

Questions may be directed to Judi LaPolla at [jlapolla@warrenjfk.com](mailto:jlapolla@warrenjfk.com), UC: 330.369.1804, LC: 330.372.2375. The LC phones will not be answered after 3:00 pm.

**Cheerleading:** Cheer clinic taught by Ms. Marian Mitolo Diana, coach and owner of National Champion Xtreme Allstars. Ms. Diana is also the coach of our own *four time* State Champion JFK Cheerleading Team. Students will be learning all the fundamentals of cheerleading: cheers, chants, dances, jumps and tumbling. Both boys and girls are encouraged to join this class!

Grades:	K-5	Dates:	Mondays, September 9-October 21 (No class September 2)
Fee:	\$60	Location:	Covelli Gymnasium

**Musical Theatre Workshop:** Taught by Kennedy's own Director of Theatre Production, Mrs. Jeanine Bofenkamp, students will learn the necessary skills involved in acting and singing in musical theatre. Skills may include physical communication, dance, body language, gestures, projection, vocal range, vocal expressiveness, pitch & tone and more. What a great way to get ready for auditions for Winter Musical!!

Grades:	1-5	Dates:	Tuesdays, September 10- October 15
Fee:	\$35	Location:	Reagan Hall/Cafeteria

**Karate:** The Youth Program at Freestyle Karate focuses on self-defense, self-control, and self-discipline. The students will work on kickboxing and jiu-jitsu for self-defense, kata for balance and memory, and dynamic kicking for flexibility and fitness. Owner Wendy Sfikas will be teaching the classes. Ms. Wendy Sfikas has been in the martial arts for over twenty years, has a fourth degree black belt and holds a BA in psychology. Sensei Wendy wants to be sure current Freestyle Karate students know they are invited to participate in this enrichment. No need to have taken prior karate enrichment classes. Start any session.

Grades:	K-5	Dates:	Wednesdays, September 11-October 16
Fee:	\$35	Location:	Covelli Gymnasium

**Paint and Create:** Each week students will learn about a different artist and their style of art. They will create their own artwork using a variety of paint and materials to take home. We will learn about the following artists: Henri Matisse, Vincent Van Gogh, George Seurat, Georgia O'Keeffe, Andy Warhol and Jackson Pollock. Course is taught by Mrs. Liz Kovalik, certified K-12 art teacher and Kennedy mom.

Grades:	K-5	Dates:	Wednesdays, September 11-October 16
Fee:	\$60	Location:	Reagan Hall/Cafeteria

**Flying Eagles Running Club for Girls:** The goal of the Flying Eagles Running Club is to teach the fundamentals of running based on the principles of the Road Runners Club of America. We will work to do the following:

- Make running fun.
- Emphasize good technique.
- Focus on participation and self-improvement.
- Consider individual differences.
- Increase running workload gradually.

Running workouts will include different levels of distance and intensity while keeping in mind the abilities of each participant. We hope to develop a love of running in our young Eagles that they will be able to carry with them in the future! Complimentary entrance in the (optional) 6th Annual Flying Eagle 5K included. Course is taught by Mrs. Jillian Phillips & Mrs. Alyse Consiglio, former Girls on the Run coaches.

Grades:	3-5 (girls)	Dates:	Thursdays, September 12- October 17
Fee:	\$35	Location:	Gym or outdoors (weather permitting)

**Football Skills & Drills for Boys:** Learn the fundamentals of football from our own Mr. Kenneally, former head coach at both Kennedy Catholic in Hermitage and North Catholic in Pittsburgh and Western Regional District 10 Champion Team.

Grades:	3-5 (boys)	Dates:	Thursdays, September 12- October 17
Fee:	\$60	Location:	Gym or outdoors (weather permitting)

**Dance & Twirl into Fall:** Miss Lindi DeFrances from Natalie's Dance Co will lead this class on dance and introduction to baton. Miss Lindi, second year YSU student working on a Bachelor of Science in Nursing, has been dancing since age 3 and was a majorette all four years at Howland. Learn how the majorettes dance & twirl on the field. This promises to be a fun filled class of dance routines incorporating a baton! Students need to bring their own baton, sized and purchased at an area dance supply store. Call Miss Lindi for guidance at 330.720.5414.

Grades:	2-5	Dates:	Fridays, September 13-October 18
Fee:	\$60	Location:	Covelli Gymnasium

**Chess is Life:** Chess is Life is the brainchild of Jeff "Chess is Life" Butts and Myles "Mate in 4" Jay. Along with the efforts of an incredible staff, the organization and program focuses on cultivating critical thinking and other life skills to increase the chance of success in and out of the classroom all while learning the game of chess.

Grades:	2-5	Dates:	Fridays, September 13-October 18
Fee:	\$60	Location:	Reagan Hall

**John F. Kennedy Catholic School**  
**After-School Enrichment Registration**  
**Fall 2019**

Please complete one form per child, and turn into main office no later than Thursday, September 5

Student's Name \_\_\_\_\_

Parents'/Guardians' Names \_\_\_\_\_

Grade/Teacher \_\_\_\_\_

Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

I want to enroll my child in the following enrichment classes (check all that apply):

\_\_\_\_\_ **Cheerleading:** Gr. K-5, Mondays, September 9-October 21, \$60

\_\_\_\_\_ **Musical Theatre Workshop:** Gr. 1-5, Tuesdays, September 10-October 15, \$35

\_\_\_\_\_ **Karate:** Gr. K-5, Wednesdays, September 11-October 16, \$35

\_\_\_\_\_ **Paint & Create:** Gr. K-5, Wednesdays, September 11-October 16, \$60

\_\_\_\_\_ **Flying Eagles Running Club for Girls:** Gr. 3-5, Thursdays, September 12- October 17, \$35

\_\_\_\_\_ **Football Skills & Drills for Boys:** Gr. 3-5, Thursdays, September 12- October 17, \$60

\_\_\_\_\_ **Dance & Twirl into Fall:** Gr. 2-5, Fridays, September 13-October 18, \$60

\_\_\_\_\_ **Chess is Life:** Gr. 2-5, Fridays, September 13-October 18, \$60

**TOTAL AMOUNT DUE (make checks payable to JFK): \_\_\_\_\_**

**DISMISSAL: Where will your child go at the end of Enrichment? (Circle one)**

extended care

picked up

If picked up, who will be there to get them?