

John F. Kennedy Catholic Schools

Lower Campus Lunch Menu 2018-19

October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Strips Waffle Fries Baked Beans	2 Cheeseburger Smart Snack Chip Corn	3 Salad Bar Popcorn and Grilled Chicken Crackers	4 Spaghetti Meatballs Salad Roll	5 Pizza French Fries Broccoli
8 NO SCHOOL	9 Pepperoni Rolls French Fries Baked Beans	10 Salad Bar Popcorn and Grilled Chicken Crackers	11 Ravioli Meatballs Salad Roll	12 Loaded Nachos Cheese/Lettuce Salsa Corn
15 Chicken Sandwich Potato Wedges Baked Beans	16 French Toast Sticks Sausage Hash Brown Potato	17 Salad Bar Popcorn & Grilled Chicken Crackers	18 Penne Pasta Meatballs Salad Roll	19 Pizza Spiral Fries Carrots
22 Corn Dog Spiral Fries Baked Beans	23 Crispy Chicken Wrap Carrot Sticks/Ranch Smart Snack Chips	24 Salad Bar Popcorn chicken & Grilled Chicken Crackers	25 Spiral Pasta Meatballs Salad Roll	26 Grilled cheese Sand. Tomato Soup Tossed Salad
29 Taco's Spanish Rice salsa Beans	30 Salad Bar Popcorn chicken & Grilled chicken Crackers	31 Hot Dog Tater Tots Corn *Spooky Surprises* HALLOWEEN	1 Penne Pasta Meatballs Salad Roll	2 Pizza French Fries Broccoli

EAGLE UPDATES

Variety of Milk and Fruit served with every Meal.

Cafeteria account deposits can be made by sending cash or check into the office with your child's name and homeroom.

****Save the Date****

**The Great Apple Crunch
Oct. 11, 2018**

Kids, are you going to Crunch?



This institution is an equal opportunity provider.