

WELD National

Special Webinar Event Free for WELD Members!

WELD knows that these are difficult times for everyone and are unlike anything that we have ever experienced. The upheaval, concern for wellness and loved ones and economic insecurity that many are facing may be creating significantly higher levels of stress and anxiety.

None of us can control many of the circumstances that we now face. We can, however, find ways to manage through it.

Please join us for the webinar below that will provide tips that are immediately actionable and will help individuals cope with all that they are trying to juggle.



Diana Westhoff

When women lead, our economy, companies and communities thrive.

Change is happening all around us so...Maslow now and Bloom later

WELD is here for YOU. Our members are important to us and you are one of our lifelines to our continued success. So we want to know what we can do for you. We are offering this webinar to share how change is happening all around us and with this roller coaster ride we are currently on, how are we limiting stress, anxiety and even on the flip side, supporting others. Let's discuss dealing with this ride, acknowledging it and changing the narrative.

Think about the change we have gone through to date in our lives. It is hard and . . . let's think of the silver lining here that this change will make us stronger, smarter and supportive with everyone around us! We look forward to you joining us, sharing any best practices you have started and, again hearing if there is anything WELD can do for you!

WELD is grateful for this special webinar that **Diana Westhoff of SPEAK 4 YOU, LLC** will be present.

Registration closes at midnight on March 26th! Late fees apply after registration closes. Please contact Danielle Callaghan at dcallaghan@weldoh.org for questions.

March 30, 2020
Monday

12:00pm-1:00pm EST
11:00am-12:00pm CST

- Registration Fees -

Member:
FREE

Non-Member:
\$20

*No refunds or credits
after 3/23/2020*

*For sponsorship opportunities,
contact Deepa Kellar-
dkellar@weldoh.org*

**Register at:
www.weldusa.org**



About Our Speaker...



Diana Westhoff

SPEAK 4 YOU, LLC
Facilitator Extraordinaire

Diana Westhoff works every day to facilitate learning in the areas of organizational and personal communication, and to cause success in conversations, building stronger relationships and improving life's performance. People are her project and her product. Diana instinctively develops people and does it by bringing method and process and accountability for what she does. She finds that structure supports growth, rather than hinders it, and is constantly thinking about how to build systems for learning, systems for development. Diana is natural at on-boarding people even if not doing it officially, she takes new team members under her wing and makes sure that they have someone to turn to for answers. Respected as a natural, dynamic trainer, leader and coach, Diana works to build a learning organization, a place intentionally designed to expand each person's experience, understanding, and performance.

Diana has over 30 years of leadership, operations and management experience in the financial services industry and her company provides Coaching, Keynote Speaking and Personal Development Courses.

Diana holds a BA in *Organizational Communications* from the Otterbein University, Westerville, Ohio. Diana currently serves as the Board Chair for Action for Children. Her passion for community involvement and women development is demonstrated by establishing two women's business resource groups for two companies, serving on several other non-profit boards and, consistently recruited to consult with other organizations around the process to establish company's employee resource groups.

"I think I got to know myself a little better today, all thanks to you!"

Colleague

