

Anne Germain, Ph.D., is co-founder and CEO of Noctem LLC, a digital sleep therapeutics start-up company. In this role, she leads the development, testing, and deployment of patient- and clinician-centered digital tools that support strategic, evidence-based, cost-efficient and personalized behavioral sleep medicine.

Anne is an internationally renowned sleep and trauma clinical and translational researcher. She published over 150 peer-reviewed papers, invited papers, and book chapters, and co-edited a book on sleep in combat-related PTSD. At the University, she built and sustained a large program of research and secured over \$15M in competitive funding to study sleep and sleep treatments in military service members and veterans. Serving the 1% who serve(d) was and continues to be a daily source of inspiration and motivation. To accelerate the translation of her scientific work into clinical practice, and to follow her passion for serving and deep conviction that restorative sleep is key to individual, collective, and global health, readiness, and resilience, Anne recently took an entrepreneurial leave of absence from her position of tenured professor of psychiatry at the University of Pittsburgh School of Medicine to co-found and lead Noctem. Through this (ad)venture, she aims to leverage technology to put effective sleep solutions into the hands of patients and healthcare providers.