Thursday, January 9 at 12:00 PM ET, Special Guest Gretchen Rubin! "Self-Care is Hard"

Join Women In Bio as we launch our 2020 webinar series with happiness guru, Gretchen Rubin! Gretchen has written best-selling books, including *The Happiness Project* and is host of the award-winning podcast, *Happier*. Every Monday, *CBS This Morning* features her tips on how to live a happier, healthier and more productive life.

Gretchen will host our January webinar using a special "Ask Me Anything" format. WIB members can submit their questions for Gretchen prior to and during the hour long webinar. Don't forget-the focus of our January webinar is "Self-Care is Hard!", and Gretchen is prepared to advise WIB members with ideas for overcoming obstacles to achieving good habits in self-care and beyond.

What better way to start the New Year than learn from Gretchen Rubin about how we can make our lives happier?!

Register

WIB National Seeks Sponsorship Vice-Chair and Communications Committee Volunteers

Women In Bio (WIB) is seeking dynamic women volunteers to serve as Sponsorship Vice-Chair of the National committee and on the National Communications Committee. WIB supports diversity and inclusion for women employed in the field of life sciences from the classroom to the boardroom. We are with our members every step of the way with our Young Women In Bio, Executive Women In Bio, and Boardroom Ready Programs, as well as our growing Mentorship opportunities.

- **The Sponsorship Vice-Chair** must be able to build relationships between chapters to create an open dialogue on fundraising best practices for engaging and retaining sponsors. To apply, please submit your resume/CV and a one-page document containing a description of your history with WIB, a description of your vision for sponsorship recruitment, and why you are interested in the role. Submissions should be e-mailed to info@womeninbio.org no later than Wednesday, January 15, 2020.
For those interested in volunteering on the Communications Committee, the WIB communications team partners with the Committee Chair and Vice-Chair, along with the WIB-National Communication and Marketing Administrator, and the WIB-National Marketing Associate. Currently, we are in need of assistance with posting on our social media platforms and would like to have someone that can actively comment and interact with others via those platforms. This non-compensated volunteer should have a proven track record of crafting and executing social media posts. Experience with Canva and Hootsuite is helpful. They should be passionate about advancing careers of women and have a robust network within life sciences. To apply, please email your letter of interest and resume to info@womeninbio.org by December 20, 2019.

WIB-National: Volunteer Leadership Recognition

Our National Sponsorship Team would like to thank Arpitha Parthasarathy for her service as Co-Vice Chair on their committee. We wish her success in all her future endeavors.

EWIB and Boardroom Ready News - Now Accepting Boardroom Ready Applications for 2020!

Are you a female executive who's ready to serve on corporate boards for life science companies? Executive Women In Bio’s Boardroom Ready network can help - apply for the 2020 program today!

Congratulations to Boardroom Ready alumna, Dr. Marianne De Backer on her recent appointment as independent director at Arrowhead Pharmaceuticals! Here’s what she had to say about the appointment:

"I'm excited to join the board of Arrowhead Pharmaceuticals. I have long admired Arrowhead’s proven ability to advance science at a rapid pace toward solving genuine unmet medical needs. I look forward to helping guide the company along that path."

WIB-National Sponsor Highlight

Welcome WIB sponsor - Goodwin Law. Thank you for supporting diversity and inclusion of women in the life sciences and related fields through your support of WIB and your Move the Needle Fund.

WIB Wants to Hear Your Success Story
Have a success story from your time with WIB? Were you able to land your dream job through networking at a WIB event? Were you able to earn a promotion thanks to guidance from a WIB presentation or WIB Mentorship? Tell us about the connections WIB has helped you make! We would love to hear from you and share your WIB story of success! Email communications@womeninbio.org.

WIB Members May Access Recordings of Previous Webinars

Did you miss a webinar you wanted to attend? Don't worry! Members can access recordings of previous webinars located in the video library here.

In need of last minute gifts? Did you know that when you shop for the holidays (and year round) at smile.amazon.com/ch/03-0458239, AmazonSmile donates to Women In Bio?

RESOURCES

WIB Video Library

This Member-Only benefit allows you to view previously recorded WIB events from any chapter. Simply log into your WIB account to take advantage of this great resource and access the videos in our WIB video library!

WIB SmartBrief is a weekly e-mail newsletter bringing the most important and timely news stories about women in all areas of the life sciences. Learn more and sign up for this free E-Newsletter!

Whether you are a job seeker or looking to fill a position, this is the resource for you! Visit wibcareercenter.com to get started.

CHAPTER NEWS & EVENTS
Upcoming Events

- WIB-RTP: **Building Your Brand and Packaging Your Potential**, January 8, 2020
- WIB-National Webinar: **Self-Care is Hard with Gretchen Rubin**, January 9, 2020
- WIB Pittsburgh: **Effective Personal Branding and Networking for Scientists**, January 14, 2020
- WIB-Chicago: **Special Event: Roe - A play at the Goodman Theatre**, January 22, 2020
- WIB-Chicago: **Top of the Mountain Leadership**, January 30, 2020
- WIB-Atlanta: **Empowered Financial Planning Seminar**, February 20, 2020
- WIB-Chicago: **The Journey to Being a Board Member: A Personal Story and Practical Advice**, February 27, 2020

WIB-Atlanta: Holiday Potluck, December 8, 2019, Event Recap

It was a full house at the annual WIB-Atlanta Holiday Potluck! Attendees brought a mouth-watering array of dishes: homemade cornbread, pasta salads, minestrone soup, Dhokla, chocolate pies, and cookies. A special thank you to Jamie for hosting, and for everyone who made 2019 such a great year for the chapter! We look forward to seeing you in 2020.

WIB-Atlanta Other Interests: Rural Teacher Training Initiative 2020 Symposium - Volunteers Needed

The Georgia BioEd Institute is hosting lab-based, life science teacher training on January 13 and 14 in Griffin, GA. 72 teachers from 40 rural schools across the state will be attending. With the training being hands-on, they are looking for passionate volunteers to be lab assistants on either or both days. Each lab has one Master Instructor who will be working with a cohort of eight teachers. Contexts, or learning tracks, include immunology, agricultural & environmental biology, cell manufacturing, and R & D. Volunteers are welcome to choose a certain track. Skills and competencies being addressed include aseptic technique, microscopy, lab notebooks, and record-keeping, measurement and calculations, reagent and media prep, and equipment use and maintenance. These will be addressed through chromatography, DNA extraction, and gel electrophoresis, to name a few.
If you are interested in volunteering for a half day, whole day, or both days, you can register here. Any questions can be sent to kboscan@gabio.org, or you can call or text Kristin Boscan at 585-943-8699.

WIB-Capital Region: Volunteer Leadership Recognition

We thank Marina Pranda, our former Vice-Chair of Communications, for her contributions to WIB Capital Region. We wish you all the best in your future pursuits.

WIB-Capital Region Facebook Group

Stay up-to-date with all the events at WIB-Capital Region. Please join our Capital Region Facebook group.

WIB-Chicago: Special Event: Roe - A play at the Goodman Theatre

WIB-Chicago has a special outing to see the play Roe in Goodman’s Albert Theatre. Conceived in a pizza parlor and argued in the highest court in the land, 1973’s Roe v Wade case legalized abortion and is hotly debated still today. The complex young women behind the trial - attorney Sarah Weddington and plaintiff Norma McCorvey (“Jane Roe”) - embark upon separate journeys that mirror the current polarization over the landmark decision. Shocking, humorous and “full of nuance and complexity” (NPR), Roe illuminates the heart and passion that each side has for their cause.

Join us as we attend this special performance that will be followed by a Post Show Drinks and Discussion series. A limited number of tickets (20) are available and will be on a first-come-first-served basis. More info here.
WIB-Chicago: Top of the Mountain Leadership

Are you striving to hit the top of the mountain on your success at your organization? If you aspire to be the next generation leader it is critical to have key leadership skills to engage and motivate your teams to higher performance. To be seen as a leader, you need to learn to influence people, give meaningful feedback, drive change, and produce results. In this program you will:

• Learn the art of improvising your leadership style to adapt to your employee/colleague’s needs
• Inspire trust and boost morale to increase the productivity of your team
• Overcome your biggest leadership challenges

To learn more, click here.

Register

WIB-Chicago: The Journey to Being a Board Member: A Personal Story and Practical Advice

Are you interested in joining a Board? Join us for an exciting WIB event focused on helping women in healthcare attain positions on company boards. Sharon Ayd, Ph.D., MBA, CEO of Ayd Biopharma Consulting Group, LLC, will share her “must do” tips for securing a board position. She’ll share her personal story and brutal truth about her journey to the board, what it’s like to sit on a board, and what you should do if you seek to secure a position on a company board. Click here for more information.

Register

WIB-Chicago: Follow us on LinkedIn!

We are happy to invite you to follow us on our LinkedIn page here. Read about WIB Chicago event updates, news and events from other local organizations and interesting articles about women in the life sciences. We also welcome you to our LinkedIn group here for informal discussions and your input and our Twitter account (@CHIWomenInBio) for short and crispy content.

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WIB-Greater Boston: Volunteer Leadership Recognition

Lois Kelly is joining the WIB-Boston leadership team as their Vice Chair of Membership. Welcome, Lois!
WIB-Greater Boston, located in the world’s leading biotechnology supercluster, welcomes women working in the life sciences to events created to support professional development, leadership, and mentoring. These events provide invaluable networking opportunities to build professional relationships for those just beginning their careers to industry veterans.

The Mentorship, Advisors, Peers, and Sponsorship (MAPS) Program provides mentorship in small group settings.

Our Leadership Ready Development Program comprises of educational sessions and practical advice for women aspiring to, or just entering leadership positions, focusing on topics specifically for female professionals in the biotech industry.

Young Women In Bio (YWIB) organizes educational programs for middle and high school girls to encourage ongoing interest in life science and to improve awareness around the breadth of career opportunities in the field.

WIB-Greater Montreal

About Our Chapter

WIB-Greater Montreal, located in a biotech and life sciences hub, brings together professionals from across Quebec with bio-related interests. Members include business professionals, entrepreneurs, and scientists from the private and public sectors.

Our chapter provides many resources, including networking, sharing insights and innovations, and learning about the latest developments and opportunities within the pharmaceutical, biotechnology, and medical devices industries. It also includes Young Women In Bio and the MAPS (Mentorship, Advisors, Peers, and Sponsorship) initiatives.

The Greater Montreal region boasts more than 600 organizations with over 43,000 employees in life science industry. Montreal’s life sciences business cluster benefits from the presence of recognized experts in pharmaceuticals, biotechnology, contractual research, and medical technologies, as well as 150 university and public research organizations.

WIB-Metro New York

About Our Chapter

WIB-Metro New York is centered among global life sciences leaders in New York City, New Jersey, Hudson Valley, Connecticut, and eastern Pennsylvania. Our members come from all walks of life sciences, from start-up entrepreneurs to
Together we share the passion of science, and ultimately, its role in transforming our daily lives. Our goal is to build a community of biotechnology professionals that provides mentorship and development opportunities for women at all stages of their careers – from those just starting out to well established, industry veterans.
WIB Pittsburgh: Effective Personal Branding and Networking for Scientists

Do you feel awkward at networking events but know you should attend? Do you attend networking events but struggle to make real, lasting connections and follow-ups? Join Women In Bio and renowned tech leadership expert Crystal Morrison, Ph.D. for an empowering workshop on networking effectively and personal branding on LinkedIn. As an experienced scientist and team leader across academia and industry, Dr. Morrison will share specific, actionable tips on networking and cultivating relationships you won’t hear elsewhere. This content is geared towards scientists and engineers looking to build valuable relationships and take their career to the next level. Download the LinkedIn app on your smartphone before the event so you can make connections on the spot, and bring your business cards if you have them! Click here for more information.

Register

WIB-Pittsburgh: Leveraging LinkedIn To Launch Your Career, November 13th, 2019, Event Recap

Women In Bio-Pittsburgh members and guests took advantage of a wonderful opportunity on November 13th, 2019 to explore ways in which LinkedIn can be utilized to build relationships and networks strategically. The event speaker, Amylyn Kyler, an expert with over 20 years in professional recruiting and managing director of Kyler Professional Search, demonstrated how to leverage LinkedIn functionality and connections in a professional position, for business development, or to launch a job search. WIB-Pittsburgh would like to extend sincere thanks and appreciation to Amylyn for a fun and informative discussion, and to Jeff Kyler of A-J Kyler Photography for offering attendees FREE professional headshots for their LinkedIn Profile. Those who attended enjoyed the evening of networking and skill-building and came away with insight and strategies for using LinkedIn to network and to differentiate and promote themselves professionally.

Click here for additional photos.

WIB-Pittsburgh: Wine Science and Sampling with Palate Partners, December 4th, 2019, Event Recap

The WIB-Pittsburgh chapter along with friends and significant others gathered for a festive holiday sensory experience peppered with a bit of science as Deb Mortillaro, owner of Palate Partners, guided attendees through a tasting of a group of wines showcasing many facets of the winemaking world. Our senses of sight, smell, and taste were treated to an exploration of sparkling, white, and red wines and also a taste of sake. The evening included a discussion of acidity, the science behind wine glass shapes, the chemical processes and reagents in fermentation, and the pasteurization of sake. Delightful and delicious appetizers were provided by Just in Thyme Catering. The WIB-Pittsburgh chapter extends sincere gratitude to Deb and her team at Palate Partners, Pittsburgh’s premier wine and spirit school, for a lively, informative, and enjoyable evening. We also wish all our members, sponsors, guests, and their families a warm and wonderful holiday season! Click here for additional photos.

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WIB-RTP: Building Your Brand and Packaging Your Potential

Join us for our 2020 Kickoff event! This is a great event for current Women and Bio members and for people interested in learning more about the organization. This event is FREE for both members and non-members. Come learn about the benefits of Women In Bio membership, the 2020 lineup of programming events, and the importance of personal branding. Your personal brand is the core of who you are, not unlike your company's brand or core values. Your brand is your reputation. It is what you project to others. People's opinions and expectations of you will be defined by what kind of person they believe you to be. YOU determine your own unique brand – instead of letting others build it for you. Paula and Lisa share practical steps for discovering and then confidently sharing your unique brand. When your brand and career goals align, they can take you to new heights. Click here for more info.

Register

WIB-San Francisco Bay Area: Volunteer Leadership Recognition

Our San Francisco chapter has made some changes to its leadership team. We are sadly saying good-bye to Jessica Lao, who has been serving as one of our Sponsorship Committee Vice-Chairs and welcoming Angelica Pignalosa to the team as a new Membership Committee Vice-Chair. We wish Jessica all the best, and give Angelica a big welcome!

WIB-San Francisco: Call for Volunteers for the Membership and Communications Committees

Build a network without even trying - come volunteer with the San Francisco Bay Area Chapter of Women In Bio! Our committees are run and staffed by amazing women you should get to know. By volunteering, you can make connections in the life sciences as part of the Membership Committee, hone your speaking and writing skills on the Communications committee, and more.

Please email SanFrancisco@womeninbio.org for more information about volunteering with us!
WIB-Seattle MAPS Mid-Year Enrollment

Are you interested in meeting and mentoring/being mentored by wonderful women in our community? We have some available spots in our current WIB Peer Mentoring groups (MAPS)! To help keep groups active and engaged, we ask that all new MAPS members commit to attending at least four of the six remaining group meetings of the 2019/2020 MAPS year. To enroll, please fill out this enrollment survey by December 31, 2019. Your group assignment will be emailed to you by early January. Space will be filled on a first-to-sign-up basis until groups are full.

Current MAPS members: Please note that re-enrollment is NOT required and to avoid re-shuffling all groups we are requesting only NEW group members participate in the mid-year enrollment.

This mid-year enrollment period ends on December 31, 2019. Please note that enrollment in MAPS is a WIB member-only benefit, so your membership must be up to date to enroll.

About MAPS: MAPS Peer Groups are self-directed groups made up of six to ten women who gather for local informal meetings to discuss common professional topics, usually once a month. Annual group enrollment takes place each June with one mid-year enrollment in December.

Please email us if you have any questions or concerns.

Thank you!

Your MAPS Committee:
Miriam Gutschow, Chair
Stacy Musone, Vice Chair
Kimberly Decker, Felicia Harsh & Laura Gaydos, Volunteers

WIB-Southern California: Volunteer Leadership Recognition

WIB-Southern California welcomes two new members to their leadership team! Hitomi Taguchi is coming on as our Sponsorship Co-Chair and Nicole Wisseman is our new YWIB Vice-Chair in the Los Angeles area. We are looking forward to working with them as we move into 2020!
WIB-Southern California: 2019 Holiday Party, December 11, 2019, Event Recap

On December 11, 2019, WIB-Southern California celebrated the end of 2019 with a stylish holiday party at CBRE in San Diego. Almost 100 members and non-members gathered to celebrate with delicious food and drinks. Sincere thanks to the premier event sponsor, Fish & Richardson, and to Tandem, Knobbe Martens, and Vanst Law who also sponsored the event and briefly described their technologies and services during the networking reception. Click here for the full recap.

About Our Chapter

The Texas chapter of WIB was founded in 2015 and provides a supportive community for professional women in all walks of life to interact and exchange information and ideas. Our membership base includes academic and clinical researchers, sales professionals, venture capitalists, legal advisors, intellectual property advisors, technology transfer specialists, policy experts, clinical trials professionals, doctors, medical/science communicators, educators, students, and many other experts that support the health, pharmaceutical and science industry.

To take advantage of a free subscription to WIB SmartBrief, a weekly newsletter that will keep you updated about women making a difference in biotech and life sciences, please sign up here.

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