Dear WIB Community,

Happy New Year! We hope you had a great holiday season, took time for yourself to rest and recharge, and have a great start to 2024. We are so excited for this new year, so of course, we have to kick it off with (one of) our favorite topics: mentorship.

As you may know, mentorship is an essential tool for all women in the life sciences. Having a network of mentors and being able to access valuable advice from the classroom to the boardroom is invaluable to the growth and empowerment of all women in the life sciences and beyond. In this newsletter edition, we’ll highlight some WIB mentorship resources, articles, and important events.

We hope you have a great January—happy reading!

WIB National

Mentorship, Sponsorship, and Their Importance Across Career Stages

Join WIB-National for a discussion focusing on the pivotal roles of mentorship and sponsorship. Our panelists will delve into the distinctions between these two concepts, why they are important both for individuals and companies, and how they can positively impact personal and professional growth.
Tuesday, January 23, 2024
2:00 p.m. – 3:00 p.m. ET / 11:00 a.m. – 12:00 p.m. PT

UPCOMING VIRTUAL EVENTS

Personal Branding for Board Candidates, January 11
Using DNA Evidence to Solve Criminal Cases, January 17
WIB Unlocked! A Guide for New and Future Members, January 19
From the Bench to the C-Suite, January 29

View Full Calendar

EDUCATE

WIB Member's-Only Mentorship Resources

Being a WIB member has many perks, and one of them is having on-demand access to our Video Library.

Here we highlight three great webinars about successful mentorship, its benefits, and how to develop the mentor relationship that works for you.

Becoming a Woman of Impact – Success Stories
Our panelists offer practical, effective suggestions based on their own experiences, including facing adversity with resilience.
Impacting Careers – The Value of Mentorship
Learn how to develop a positive mentor relationship, the responsibilities of a mentee, and the key to ensuring the success of your mentor relationship.

Finding a Mentor at All Career Stages - Start Now!
Discover the best way to find a mentor at any stage in your career and how to make the most of your mentoring experience.

Sponsors Help Overcome the Gender Bias in the Workplace
Sponsors champion your talents and influence decisions that have an effect on your career. Learn more about how to connect with potential sponsors and building the relationship that will help to make a difference in your career when you need it. Watch here.

Three Key Elements to a Thriving Mentorship
Mentorship has been a big factor in Janet T. Phan’s success. As the Founder and Executive Director of a nonprofit dedicated to helping underrepresented, underserved girls with long-term mentorship in STEM, she sees it as her life mission to develop and empower as many women leaders as possible in the STEM fields. Watch the TEDx Talk.

Four Ways to Be an Ally to Other Women
Discover the power of women supporting one another. Research shows that when women with more privilege advocate for equality, their voices are heard, and they’re less likely to face backlash. By working together and amplifying each other’s voices, we can create a more inclusive and supportive workplace culture for all women. Watch the Lean In video.

What Is Bridge Mentorship and Why Is It Necessary
This article from the *Harvard Business Review* describes how people from socially marginalized backgrounds have the power to seek out influential mentors to get the guidance, behind-the-scenes information, and support they need. Read more here.

**EMPOWER**

The 2024 Boardroom Ready Application Opens Soon

Women In Bio's Boardroom Ready helps women identify their board value proposition and navigate the board selection process. The program provides robust professional development to maximize success in the boardroom.

For more information about the program, view our *Boardroom Ready: Are You Ready* webinar.

Then, stay tuned to our website or LinkedIn on January 15 to get the application and take the first step toward joining our 2024 Cohort.

Join a WIB Chapter Mentoring Program Today

These chapters are currently accepting new members for a mentoring program. Stay tuned to your chapter newsletter to find out about new opportunities.

**WIB-Capital Region: Peer Groups**
**WIB-Capital Region Mentoring Circles**
**WIB-Metro New York: 2024 Mentoring Circles**
**WIB-RTP: Midtown Young Professionals Peer Group**
**WIB-San Francisco Bay Area: Peer Groups**
NATIONAL UPDATES

WIB Volunteers of the Month

Congratulations to our January 2024 WIB Volunteer Award Winners! We extend our heartfelt appreciation to each of them as they all have left a lasting impact on the WIB community.

Alaknanda Mishra
Outstanding Leadership Award

Maya Yovcheva
Outstanding Long Term Impact

Emilie Smith
Outstanding Chapter Volunteer

Colleen Way
Emerging Volunteer of Excellence

Thank You to Our Renewing National Sponsor

Thank you to PNC Bank, a renewing National Silver Sponsor.

LET'S CONNECT!
Our mailing address is:
Women In Bio, PO Box 97900, Pittsburgh, PA 15227

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