Dear friends,

The month of April is busy with so much happening around the globe in honor of, or celebration of, the Parkinson’s community. We encourage you to support and attend your local or regional organization’s events this month to meet with and engage with others. After two years of the COVID pandemic, social connectedness is more important now than ever before. We encourage you to go out and meet people!

The Parkinson’s Tulip Project (PTP) is looking for more photos of people with tulips and we’ll be expanding to poetry in the project as well, so stay tuned for that update in the coming weeks. Thanks to the PTP sponsor, Supernus, we HAVE PRIZES!! Each photo or poem submitted gets your name entered in the raffle to win great great prizes all throughout the year! Enter soon to increase your chances.

**RAFFLE Prizes**
- Parky Raccoon stuffed mascot
- Free registration to WPC 2023 (a $650 value)
- Travel grants to attend WPC 2023 (travel, hotel, registration) (a $2,000 value)

**ENTER the RAFFLE today!**
Help Us Promote the WPC
If you have an event coming up and would like WPC promotional materials to give out, email info@worldpdcoalition.org to request flyers or posters. We are grateful for your support in getting the word out!

Important dates in 2022:
- Volunteer Application open – August 1
- Abstracts open – August 15
- Registration & Housing open – October 3

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WPC Care Partner Virtual Lounge
Thursday, June 9
3 – 4PM ET/ 8 – 9PM GMT
Panel topic: Caring for Someone with PD from a Distance

REGISTER today
Made possible with support from Supernus and Kyowa Kirin

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WPC Research Spotlight
Wednesday, May 25
11 AM – 12PM ET/ 4PM – 5PM GMT

Hear from Prof. Malin Parmar and Prof. Agnete Kirkeby speaking about Stem Cells for Treating PD: Hype or Hope?
Read their blog on the topic.

REGISTER today

Made possible with support from Supernus and Kyowa Kirin

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We appreciate your support of our work and look forward to "seeing" you on our virtual programs this month.

Eli Pollard
Executive Director
and the entire WPC team
SING-A-LONG
8 AM PT/11 AM ET
Wednesday, April 13
Join us for an hour of singing and fun!
REGISTER

RESEARCH SPOTLIGHT
11 AM ET / 4 PM GMT
Wednesday, May 25
Discussion with Professors Malin Parmar & Agnete Kirkeby
Topic: Stem Cells for PD: Hope or Hype?
REGISTER

PARKINSON'S UNITY WALK
8:30 AM ET
Saturday, April 23
The 28th Parkinson's Unity Walk will be held in Central Park, NY (rain or shine)!
Come and visit our booth!
LEARN MORE

CARE PARTNER VIRTUAL PANEL
3 PM ET/ 7 PM GMT
Tuesday, June 9
Caring for Someone with PD from a Distance
REGISTER

WPC BLOG HIGHLIGHT

Picture more time doing what you love
OFF and dyskinesia may affect your ON time
Learn more
Do you have aches and pains? You are not alone. Muscle and joint pains are common as we age. Pain is a normal, protective sensation to help you prevent further serious injury to your body. For example, the pain one might get from burning their hand on a stove tells them to: 1) pull their hand off the stove and 2) avoid doing that again in the future. Normally, pain from a specific injury subsides over time and eventually goes away completely. However, there are cases in which pain persists following, or even in the absence of, injury or damage to a body tissue. This long-lasting pain, commonly referred to as chronic pain, is considered abnormal.

Despite chronic pain being abnormal, it is very common among middle-aged and older adults throughout the world. Chronic pain affects more than one billion people worldwide. Interestingly, people with PD are very likely to experience pain. This is not just related to age because people with PD report pain more frequently than their age-matched peers who do not have PD. Pain may start before, around the time of, or after the diagnosis of PD. In one study, people with early PD rated pain as one of their three most bothersome symptoms.

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