Dear friends,

Join us for our online programs this month! Watch-Sing-Read your way through the month with some of these exciting WPC programs.

**WPC Dual Language Webinar Series – NEW!**
Wednesday, December 2, 2020  
1:00 - 2:00 PM - Lightheadedness and Parkinson’s (listen in English)  
2:30 - 3:30 PM - Mareos y Parkinson (escuchar en español)  
[REGISTER HERE/ REGISTRARSE AQUÍ](#)

**Calling all Care Partners for the final panel discussion of the 2020 series**
Wednesday, December 9, 2020  
3:00 - 4:00 PM ET - Wellness and PD: The role of the Care Partner  
*Series made possible by Supernus and Adamas.*  
[REGISTER](#) today

**December Parkinson Sing-A-Long**
Wednesday, December 9, 2020  
12:00 PM – 1:00 PM ET  
Join WPC Choir Director, Judi Spencer, and hundreds of others singers for a lively session.  
[REGISTER](#) today

The #WPC4YOPD [Facebook fundraiser](#) continues to raise funds to
help get more people with young onset PD to Barcelona. Next up are Tim Hague of Canada and Cathy Molohan of Germany, both former WPC Ambassadors. Support Tim & Cathy via their Facebook pages.

Stay safe, wear a mask, and keep moving!

Looking forward to seeing you in one of our amazing online programs.

Best regards

Eli

UPCOMING VIRTUAL EVENTS

**A Road to WPC Barcelona**

- Lightheadedness and Parkinson’s: What is neurogenic orthostatic hypotension (nOH), why does it happen, and what are the strategies for blood pressure control of nOH in Parkinson’s.

Made possible by Theravance Biopharma

[REGISTER HERE](#)

**WPC PARKINSON SING-A-LONG**

- The Second Wednesday of Each Month
- Next Session: Dec. 9

Join the December Parkinson Sing-A-Long

Join WPC Choir Director, Judi Spencer, and hundreds of others singers, for the next Parkinson’s Sing-A-Long on Wednesday, December 9 at 12PM ET/ 9AM PT. [Sign up HERE today!](#)

**Wellness: Approaches Beyond Medication**

Date: Wednesday, December 9, 2020
Time: 3PM ET/ 8PM GMT
Did you miss our earlier Care Partner Panels [Watch the archived talks today!](#)

[REGISTER HERE](#)
**Deep Brain Stimulation - Part I**

What you need to know about Deep Brain Stimulation in Parkinson’s

Made possible by Boston Scientific

**REGISTER HERE**

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**WPC BLOG HIGHLIGHT**

**The 'Black Stuff' and Parkinson's Disease**
by Miquel Vila MD, PhD

It’s been more than a 100 years since Konstantin Tretiakoff, a doctoral student at the Salpêtrière Hospital in Paris, reported for the first time in his remarkable PhD thesis (1919) the presence of a marked loss of pigmented neurons in the substantia nigra, visible with the naked eye, in the brains of patients with Parkinson’s disease (PD).

[READ MORE](#)
Useful Links

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