



Dear friends,

Kyoto is just four weeks away! In the coming weeks we'll be sending messages that highlight some aspects of the WPC 2019 that we want to make sure you know about before arriving in Kyoto. Today we want to make sure you know about some exciting things that are now available, such as the mobile app! The **WPC 2019 MOBILE APP** is now ready for downloading. Download this today and create your profile. Friends who are not able to join us in Kyoto can also download the app, but cannot create a profile. Download to [iPhones HERE](#), and [Android phones HERE](#).

Four reasons to download the World Parkinson Congress 2019 app:

- (1) a great way to build out your own schedule while in Kyoto so you can set your schedule and have the app give you reminders of where you need to be;
- (2) a great way to connect with other delegates. Once you build out a profile, you can send messages to other delegates to connect and meet up;
- (3) view and download speaker powerpoint slide decks and bios after the WPC;
- (4) it's the ONLY way to submit questions to speakers during sessions;

(5) it's the ONLY way to participate in the polling questions that speakers will pose to you.

Music and Movement PD Lounge

Back by popular demand, we are inviting delegates at the WPC 2019 to join us at the Music and Movement PD Lounge on Thursday, June 6 from 6:30 - 9:00 PM. This space is where we'll have live musical and dance performances by WPC delegates. Showcasing our talented community and giving delegates a relaxing evening to be with others while enjoying music and dance. It's free to attend for WPC delegates with a badge BUT a ticket is required to book your seat. Seating is limited, [get your ticket HERE!](#)

NEW things to the WPC 2019 - Learn more at end of eNews

World Cafe:

Did you know we will have special World Cafe sessions each day over lunch? These fun, small group discussion roundtable sessions, will be hosted by three people living with young onset PD. Seating will be limited, so once on site you'll need to sign up to participate outside Room 101.

Table Tennis:

If you are an avid table tennis player, be sure to stop in the space and hit some balls, get the blood flowing and have fun. If you haven't played table tennis since you were a kid, come in and try it out in Room 104.

Corporate Lunch sessions:

For the first time, the WPC is offering special lunchtime corporate sessions designed by our sponsors. On Wednesday and Thursday, be sure to view the program to see what's being offered by our sponsors Takeda Pharmaceuticals, AbbVie, and Sumitomo Dainippon. They will be hosting sessions in Japanese and English, so look at the details and if interested, grab a lunch box and bring it with you to eat while listening to the talks.

Program

The website program page is updated regularly. If you haven't looked at it recently, visit it today and [view the program](#) to start figuring out your

schedule for when you are onsite.

If you are heading over the Japan early for vacation, safe travels. We look forward to seeing you in June!

Kind regards,



Elizabeth "Eli" Pollard

Executive Director

WPC 2019 Podcast



Larry Gifford, host of the podcast program *When Life Gives You Parkinson's*, has been helping us count down to Kyoto by interviewing some of the speakers who will be at the Congress as well as sharing tips and tricks for navigating Japanese etiquette. This series is a great way to hear some of the latest research and get ready for WPC 2019! If you haven't been keeping up with the episodes, now is your chance to catch up!

Episode 1: [Hello. Konnichiwa.](#)

Episode 2: [Positive Impacts of Parkinson's](#)

Episode 3: [Is Parkinson's a genetic condition?](#)

Episode 4: [Keep Calm and Research On](#)

Episode 5: [Sharing stories and searching for sleep](#)

Episode 6: [Let's Talk About Sex and PD](#)

Episode 7: [Navigating Japanese Language and Culture](#)

Episode 8: [The Best Diet for People with Parkinson's](#)

Subscribe to *When Life Gives You Parkinson's* on [Apple Podcasts](#), [Spotify](#), or wherever podcasts are found.



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Each World Parkinson Congress provides a unique opportunity for organizations to connect with leaders in the Parkinson's field. There are still ways to make your organization stand out. [View the prospectus here.](#)

Announcing the Hot Topics Sessions

At each WPC we highlight the very best abstracts by inviting those authors to present their research to a large audience in the morning from 8-9AM daily. These 12 authors will present on a wide range of topics including topics on basic science, clinical science, clinical trials, rehabilitation, gender issues, and care.

We are proud to highlight the 12 abstracts and their authors who will be presenting at the WPC 2019 Hot Topics sessions in the Main Hall each morning.

Wednesday, June 5

Room: Main Hall

Moderator: D. James Surmeier (USA)

Talk 1: *A novel target for neuroprotection: The small GTPase Rin inhibits LRRK2 to promote autophagy and reduce alpha-synuclein pathology*

Speaker: Mattia Volta (Italy)

Talk 2: *A cross-sectional natural history of Parkinson's disease as reported by 10,000 patients*

Speaker: Ira Shoulson (USA)

Talk 3: *A randomized clinical trial on the evaluation of the effect of vestibular exercises on dizziness and postural control in Parkinson patients*

Speaker: Somayeh Abasi (Iran)

Talk 4: *The Fox Insight Study: An empowering opportunity to fuel Parkinson's research and help advance scientific breakthroughs from the comfort of home*

Speaker: Roseanne Dobkin (USA)

Thursday, June 6

Room: Main Hall

Moderator: Robert Edwards (USA)

Talk 1: *Bidirectional gut-to-brain and brain-to-gut propagation of alpha-synuclein pathology in non-human primates*

Speaker: Erwan Bezard (France)

Talk 2: *Patient engagement in the development of OUR DBS: A global patient registry addressing outcomes and unanswered questions for DBS*

Speaker: James Kirk (USA)

Talk 3: *Automated immunohistochemical detection of skin depositions of pathological alpha-synuclein in idiopathic REM sleep behavior disorder and Parkinsonism*

Speaker: Sebastian Dziadek (Switzerland)

Talk 4: *A closer look at the unmet needs, research and care priorities for women with Parkinson's*

Speaker: Ronnie Todaro (USA)

Friday, June 7

Room: Main Hall

Moderator: Binit Shah (USA)

Talk 1: *Patient-derived α -synuclein assemblies/strains display distinct functional characteristics in cells and in vivo*

Speaker: Veerle Baekelandt (Belgium)

Talk 2: *Assessing tele-health outcomes in multiyear extensions of Parkinson's disease trials (AT-HOME PD): Initiation of a long-term observational study*

Speaker: Ruth Schneider (USA)

Talk 3: *Converging electrophysiological functions and pathological calcium phenotype over time results in mitochondrial stress: Describing a pathophysiological timeline and neuronal vulnerability in PD*

Speaker: Dayne Beccano-Kelly (UK)

Talk 4: *Multimodal balance training with rhythmical cues in Parkinson's disease: A randomized clinical trial*

Speaker: Tamine Capato (Brazil)

What's NEW at WPC 2019?

At each World Parkinson Congress we explore new ways of making connections. Here are some of the new things happening at the 5th World Parkinson Congress:

Table Tennis Room - *Made possible with support from Svenson Holdings*

Table tennis, a popular sport worldwide, is great exercise for people with Parkinson's and others. It helps increase your heart beat, while forcing participants to focus on balance, shifting from one leg to the other, all while working on hand-eye coordination to return the volley. We invite you to this room to play a game of table tennis, challenge your clinician or therapist to a match or just have fun and give this exercise a try for the first time.

World Cafe - *Made possible with guidance from Cathy Molohan, WPC Ambassador*

The World Cafe is a space where delegates can sit down in small groups to discuss some key questions of the day all while socializing, laughing, having fun and maybe even doodling a bit. Seating is very limited. Sign up for a seat outside Room 101 when you arrive on site.

The conversation each day focuses on a different question:

Wednesday, June 5: How do we change patient dialogue?

Thursday, June 6: What are your tips for navigating a young onset diagnosis?

Friday, June 7: What was the most impactful experience of the congress for you?

Lunch Time Corporate Sessions - *Made possible with support from Takeda Pharmaceuticals, AbbVie, and Sumitomo Dainippon*

On Wednesday and Thursday during the WPC delegates will be able to choose from a variety of sessions, including corporate sessions being offered in Japanese and/or English made possible with support from our sponsors. These sessions will present the latest research on rehabilitation, technology and more. Stay tuned for exact details and be sure to add one of these sessions to your agenda. They are designed for different audiences, some for health professionals, some for everyone and some in Japanese only. Keep an eye out for details on these sessions and be sure to join!





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