



List of Sessions for the 2018 Conference

This year's conference includes 4 course options for every time slot at the conference. The variety of options make it possible to create your own track, with focuses including:

- Pediatrics
- Productive Aging
- Physical Disability
- Mental Health
- Veterans
- Hand Therapy
- Ergonomics
- Students

New this year: A dedicated student track.

We've heard from our student attendees, and we are tailoring this year's conference to include 2 full days of student-focused programming. These courses are listed last in each list of options. Of course, students may attend any session at the conference, and all attendees may choose to sit in on a student session.

And remember- All members are encouraged to attend the WOTA Business Meeting, and all student members are encouraged to attend to the WOTA Student Meeting. Don't miss your chance to network and stay informed on the current issues affecting OTs and OTAs around the state.

Course listings follow, in order of day and time.



Friday Courses

8:30-9 a.m. KEYNOTE SPEAKER (.5 CEU)



“Knowing your value and sparking the joy in your clients!”

Lynnea Katz-Petted, CEO of Revitalize Milwaukee

Sometimes we aren't always clear what makes a difference in peoples' lives. Lynnea will share some of her favorite stories of impact, love and resilience along with best practices of how you can spark the most joy in your clients lives.

Ms. Katz-Petted oversees all components of housing program, fundraising, operations and collaborative activities of Revitalize Milwaukee. Under the direction of Ms. Katz-Petted, Revitalize Milwaukee grew from an organization providing housing rehabilitation projects in a one-day event for 10 homes, to a year-round agency that responds to the complex needs of over 650 vulnerable homeowners in 350 unique properties. In the past 10 years alone, RM grew from an annual operating budget of \$42,000, serving only 14 properties, to the current budget of slightly over \$1,500,000 and serving over 350 properties in 2017. Since the founding in 2000, Revitalize Milwaukee has invested over \$14.5 million dollars in housing rehabilitation projects on nearly 3,800 properties.

9:15-10:45

Driving: The Most Important ADL – Laurie Misslich (this course ends at 12:30) (3 CEUs)

(Productive Aging, Physical Disability)

There are many concerns about older adults and those with medical challenges and driving. This course will prepare with OT generalist to address the question of driving safety. It is our ethical responsibility to assist with determining fitness to drive, to provide resources for driving testing and training and to educate about driving resources for those who are retiring from driving.

Looking at an OT Lifestyle Clinic – Jill Taxman (1.5 CEUs)

(Veterans, Mental Health, Physical Disability)

Wellness is an emerging area of practice for Occupational Therapy. Taxman comes from the OT Lifestyle Clinic at the Milwaukee VAMC Occupational Therapy Department. The clinic focuses on facilitating improvement in veteran wellness. Primary areas of focus include chronic disease management and prevention, stress reduction, co-morbidities related to weight management and addressing social isolation and increasing community involvement with significant multidisciplinary teamwork in addition to use of telehealth technologies to maximize patient care outcomes.

Nurtured By Nature: Outdoor Play and Holistic Child Development – Megan Barrow and Sarah Pultorak (1.5 CEUs) (Pediatrics, Mental Health)

Discover the benefits of nature-based play to support healthy child development. Review the evidence linking outdoor experiences to holistic child development and overall wellness. Gain tools to use in practice, inspiration to take your practice outdoors, and ways to advocate for other child caregivers to do the same.

9:15-10:45 Courses are Continued on the Next Page

9:15-10:45 (Continued)

Current Research in OT (ALL TRACKS) (1.5 CEUs)

“Lateral Epicondylitis,” by Sara Wittak

“Ataxia Tx/ Research Options to Minimize Effects,” by Christina Wiley

“Early Mobilization in the ICU,” by Katie Okamoto

“Glassblowing as an Occupationally Meaningful Activity for Individuals with PD,” by Samantha J. Gannon, Nina R. Hartsel, Helen Y. Lee and Kristen Pickett.

NBCOT: Strategies for Certification Success – Shaun Conway (STUDENT TRACK)

The mission of NBCOT is to serve the public interest by advancing client care and professional practice through evidence-based certification standards and the validation of knowledge essential for effective practice in occupational therapy. NBCOT demonstrates these practices by developing, administering, and continually reviewing the certification process based on current and valid standards that provide reliable indicators of competence of the practice of occupational therapy.

10:45 a.m. – 11 a.m.

Visit Exhibitors and learn more about their products and services. Exhibitors include:

A and J Mobility

AOTA

Career Tree Network

Carroll University

Concordia University

DSI Work Solutions

MJ Care

NBCOT

UW-Milwaukee

**WI Council of the Blind &
Visually Impaired**

WI Talking Book and Braille Library

Wisconsin Hand Therapy Association (WISHTA)

Wisconsin Council on Student Education

WOTA

Young Living Essential Oils

Friday 11 a.m - 12:30 p.m.

Driving: The Most Important ADL Continued (this session begins at 9:15)

See 9:15 description for more information.

Serving Those Who Served Our Country: Building Connections on Campus – Ginny Stoffel and MSOT Team (Hearyun Cho, Daniel Kang, Colleen McAdams, Amanda Moelk and Ben Peterson) (1.5 CEUs)

(Veterans, Physical Disability, Mental Health)

A display of photo voices depicting transition from military to civilian student life and focus group insights will inform, create opportunities, and connect students, faculty and staff meeting the needs of veterans and their families, while connecting non-veteran students with their veteran peers. Participants will actively generate input regarding population-based programs.

Executive Functioning in Pediatric Practice: Occupation-Based Application – Laura Nagel and Emily Skaletski (1.5 CEUs) (Pediatrics)

Executive functioning can greatly impact client participation in various environments. This presentation will delve into assessment tools presently available for pediatric clients. In addition, participants will develop knowledge necessary for implementation through discussion on effective treatment strategies and activities that are fun, functional, and client-centered!

When Lymphedema Gets Complicated – Nicole Boyington and Tamera Hahlbeck (1.5 CEUs)

(Physical Disability)

A presentation on lymphedema and how the diagnosis progresses. Includes a discussion of the complications of lymphedema, including wound care. Presenters will discuss how the comorbidity of obesity can complicate the diagnosis.

Panel Discussing Interview Skills (STUDENT TRACK)

Join our panel of OTs and Hiring Professionals and Learn more about the skills and abilities that will help you stand out in job interviews. Panelists include Kelly Goodman from Aurora at Home, Jennifer Britton from Evergreen Rehab and Brian Weidner from Career Tree Network.

12:30-1:30 Lunch Break and Visit the Exhibitors

Lunch will be included with registration. Please also take time to visit with our exhibitors and learn more about their products and services.

Friday 1:35 - 3:00 p.m.

The Use of Acupuncture vs. Dry Needling in Occupational Therapy Practice – Ted King (1.5 CEUs)

(Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics)

Dr. King is a licensed acupuncturist and an occupational therapist. The presentation will include information regarding “what is acupuncture?” and “what is dry needling?” and how these modalities may be used in the practice of occupational therapy. Efficacy of acupuncture and dry needling will be addressed with a review of applicable research studies. Acupuncture and dry needling will be demonstrated and attendees will be given the opportunity to try dry needling as desired.

Sexual Healing: The OT’s Role in Addressing Sexuality – Jaclyn Raab (1.5 CEUs)

(Physical Disability, Veterans, Productive Aging, Mental Health)

Sexual expression and intimacy are core characteristics of human behavior, yet are under-addressed ADLs by OTPs. This session will identify the OTP’s unique opportunity to establish oneself as a leading sexual health clinician, provide tips to navigate systemic/ethical barriers, and suggest evidence-based sexual health interventions to advance OT practice.

OT and ABA: Working Together – Laura Boggio and Laura Lauck (1.5 CEUs)

(Pediatrics)

This includes a brief synopsis of our 2017 WOTA presentation, which thoroughly discussed the OT’s use of ABA. After, we will highlight further basics of working together and then complete activities to practice working together. Activities will be relevant to clinical practice.

Disruption Breeds Creation – Michelle Perryman and Ginny Stoffel (1.5 CEUs)

(Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics)

This session will provide critical reflection of an international journey of understanding cultural humility. Practices will be explored concerning evidence-based practice while ensuring our clients’ voices are heard. The aim of the session is for attendees to reflect, challenge and create change within their practice to maintain an occupation focused client-centered philosophy.

A Successful Level 2 Fieldwork: Perspectives from a Clinical Instructor/Student Team – Meghan Herger and Sarah Wittak (STUDENT TRACK)

This presentation is geared towards students and provides an in-depth perspective on how to have a successful level 2 clinical from a Clinical Instructor/Student Team who worked together in early 2018.

Friday 3:05 to 4:30 p.m.

Direct Access for OTs: The Process to Implement – Terri Black, Laura Nyquist and Nicole Schweitzer (1.5 CEUs) (Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics)

WOTA achieved practice without physician referral in 2016 after 3 years working through the process. In order to implement direct access there is a process that must be conducted. Laura and Nicole will share how they developed direct access at their hospital and clinic and answer questions related to direct access.

Introduction to the KAWA Model – Jenny Labonte (1.5 CEUs) (Mental Health, Productive Aging, Physical Disability, Veterans)

Introduction of the Kawa Model, a client centered occupation-based frame of reference that takes into consideration a client's cultural and ethnicity uniqueness to create a collaborative plan of care. The Kawa Model utilizes meaningful events and client identified barriers to create a holistic plan. This frame of reference can be utilized in any adult setting.

Using Evidence to Direct Handwriting Intervention – Meghan Watry-Christian and Concordia MOT Students (Abigail Foster, Kathryn Walters and Rachel Spencer) (1.5 CEUs) (Pediatrics)

Concordia OT runs a 1-week handwriting camp each summer to help children in the community improve either printing or cursive writing. While data collection on outcomes has been positive for typically developing children, further information about aligning the camp curriculum with current handwriting research for children with disabilities was needed. This course will outline the evidence review process used and describe how changes to the camp were made to align with research and better support individuals with disabilities.

Panel Discussing Case Management and Working Collaboratively with an Inter-Disciplinary Team (STUDENT TRACK)

Join our panel of professionals to learn more about how to work successfully with an IDT. Panelists include Joyce Lewis, Jaclynn Raab, Adam Husk, Kelly Enghofer and Mitchell Voss.

Fieldwork Trends: An Open Discussion of Fieldwork Education in Occupational Therapy Practice – Susan LaCroix and Heidi Plach (All Tracks) (1.5 CEUs)

In the area of fieldwork, we find ourselves discussing a number of items concerning clinical education. We understand the vital and challenging role fieldwork educators have in student education. The impact of the changing health care climate, customer needs and the advancements in our profession all play a role in shaping our practice and the availability of quality fieldwork sites. Join in the discussion with academic fieldwork educators, students and fieldwork educators as we learn and gain support from each other as we develop our next generation of occupational therapists.

4:35 to 5:35 p.m. WOTA Business Meeting (1 CEU)

Join the WOTA Board to learn more about the initiatives planned for the 2018-2019 year.

SATURDAY

Full Day Course 8:05 a.m. – 4:30 p.m.

Upper Extremity Soft Tissue Disorders – Mike Borst (7 CEUs)

(Hand Therapy, Physical Disability)

This institute will cover Carpal Tunnel Syndrome, Tennis Elbow, de Quervains Disease and Intersection Syndrome and Cubital Tunnel Syndrome.

8:05 - 9:30 a.m.

Ethics and Occupational Therapy Practice: Hot Topics – Wayne Winistorfer (1.5 CEUs)

(Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics)

OT practitioners are sometimes challenged about “the right thing to do” when clinical and business conflicts occur.

Exploring the AOTA Code of Ethics and the State of Wisconsin Administrative Code – OT Unprofessional Conduct are foundational tools to assist with resolving ethical conflicts and addressing moral distress. This workshop will highlight the AOTA Reference Guide and new/updated Ethics Advisory Opinions. Case studies and small group work will be utilized to apply principles and an ethics decision making model.

Introduction to Assistive Technology – Michelle Silverman (1.5 CEUs)

(Pediatrics)

This session will cover general and federal definitions of assistive technology, and the basics of AT from assessment to follow up. Some hands-on exploration will be included. Additionally, this session will provide an overview of the many options practitioners have for AT continuing education and certification.

Mechanism of Change – AmyJo Verbeten and Concordia MOT Students (1.5 CEUs)

(All Tracks: Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics, Students)

MOT students from Concordia University will present the mechanism of how a specific therapy intervention works at a cellular, neurological or physiological level. Three 2nd year MOT students from Concordia University who demonstrate excellence in creation and presentation of their 20-minute Mechanism of Change (MOC) project will be chosen by peers and faculty to present their chosen intervention.

Saturday 9:35 – 11 a.m.

Comfort Dogs and Animal Assisted Therapy (AAT) – Linda Samuel (1.5 CEUs)

(Productive Aging, Pediatrics, Physical Disability, Mental Health, Veterans, Hand Therapy, Ergonomics)

This session will introduce the audience to the work of a Comfort Dog. You will learn the differences between types of dogs (pets, therapy dogs, services dogs, Comfort Dogs); the role that Comfort Dogs have at Concordia University; the role a Comfort Dog can play in helping those who have experienced trauma; and stories of our Comfort Dogs impact on our campus, in our community and across the country. This workshop will also explore a new Animal Assisted Therapy (AAT) Certificate that the School of Health Professions (SHP) offers to rehabilitation students at CUW. One or both of the CUW Comfort Dogs will be present at the session.

Ergonomic Technology: Apps for the Practicing Therapist – Carrie Scheel and Christine Bowman (1.5 CEUs)

(Physical Disability, Ergonomics)

This session is designed to introduce and provide hands on experience with ergonomic applications (apps). Office and industrial apps will be explored to enhance your current practice by improving the mobility and accessibility of your risk assessments, injury prevention education, and risk reduction recommendations.

Stroke Assessments & Interventions: Use of Upper Extremity Measures to Guide Practice – Therese Walton and William Reinhard (1.5 CEUs)

(Productive Aging, Physical Disability, Hand Therapy)

Applying outcome measures that predict upper extremity recovery post stroke enable clinicians to optimally select interventions and plan treatment. The presenters will describe clinical & standardized outcomes that assess UE function. Use of the measures to guide practice will be highlighted. The presenters will teach the attendees how to perform the UE Fugl Meyer Assessment.

Poster Presentations (STUDENT TRACK, open to ALL TRACKS)

“A comparison of Glenohumeral joint kinematics and functional outcomes in adults with rotator cuff tears,”
by Margaret French

“Patients’ experience of using Telemedicine: A scoping review,” by Marisa Capobianco

“Public Space Interventions for Families with Children with Intellectual or Developmental Disabilities:
A Systematic Review,” by Holly Romaniak and Libby Hladik

“The Effect of Anatomy Software on Academic Performance Amongst Different Age Groups and Learning Styles,”
by Bethany Cunningham, Morgan Hilbelink, Brittany Sabel, Kaitlyn Sass and Reivian Berrios

“The Effects of OT Student Involvement on Classroom Engagement in Urban Parochial Schools,”
by Morgan Bushke, Carolyn Runke, Morgan Withey and Reivian Berrios

“Implementation Barriers of Fall Risk Prevention Strategies for Occupational Therapists: A Review of the Literature,”
by Diana Mueller and Mike McKinnis

Saturday 11:05 a.m. - 12:30 p.m.

The Functional Independence Measure (FIM) Process and Scoring Overview for Inpatient Rehabilitation – Meghan Herger and Tracy Werner (1.5 CEUs)

(Productive Aging, Physical Disability, Mental Health, Veterans)

This course will include information on how the FIM is used in an inpatient rehabilitation setting and its impact on a patient's benefits. It will also provide attendees with a detailed overview of the 7 motor and cognitive levels and scoring tips for many of the OT-related categories.

Workplace Management of Post-Concussion Injuries – Christine Bowman and Carrie Scheel (1.5 CEUs)

(Physical Disability, Ergonomics)

This presentation will define concussion and related symptoms, methods to evaluate a worker's physical status, ways to determine executive function requirements of their job, and strategies to promote successful safe return to work.

Embracing the Organic Role of Occupational Therapy in the Home Health Setting – Kelly Sajdak (1.5 CEUs)

(Productive Aging, Physical Disability)

Occupational Therapy in the home setting is a natural match for our profession's focus on occupational performance and function. This session provides a foundation for practitioners new to home health exposing participants to key home health regulations, reimbursement guidelines, and an introduction to the case management model. Effective strategies will be shared with an emphasis on schedule organization, personal safety, equipment needs, and infection control.

Impact of Global Education Experiences on the Cultural Competence of Occupational Therapy Students – Wendy Goldbach, Emily Pruet and Emily Clendenning (1.5 CEUs)

(STUDENT TRACK)

This session explores a global education program that prepares occupational therapy students to be culturally competent practitioners. Coursework and travel to Nepal and Nicaragua will be described as methods to guide students in learning to interact with ethnically different cultures and customs. Survey used to study outcomes will be discussed.

12:35-1:30 p.m. Lunch

Lunch will be included with registration.

Saturday 1:35-3:00 p.m.

Use of Executive Function Performance Test for Assessment of Patient Cognitive Function and Establishment of Cognitive Cue Routine for Prevention of Falls – Peter Joy (1.5 CEUs)

(Productive Aging, Physical Disability, Mental Health)

The Executive Function Performance Test (EFPT) is an effective tool for Occupational Therapist for the assessment and treatment of Cognitive Impairments. Research shows only limited effectiveness of physical training in patients with cognitive impairments for fall prevention. Occupational Therapists, using their expertise in activity analysis and root cause analysis, can implement effective cognitive cueing techniques, based on assessment data from the EFPT. A Self Egress Test to Prevent Falls will be presented. The Self Egress Test is based the patient's individualized cognitive cueing routine established by the EFPT. This test can reduce falls for patients who live alone.

Low Cost or Free Adult Assessments for Occupational Therapy – Wendie Leveille and April Doebert-Fischer (1.5 CEUs) (Productive Aging, Physical Disability, Mental Health, Veterans)

This course is designed to present 15-20 low cost or free adult assessments available to occupational therapists. The assessments will identify and screen for pain, anxiety, cognition, sleep, depression, life balance, life satisfaction, community re-integration, driving, ADLs and IADLs.

Management of Hand Arthritis: Activity Modification Through the Seasons – Nicole Bolwerk and Kelly Talbot (2 part session, ending at 4:30) (3 CEUs)

(Hand Therapy, Productive Aging, Physical Disability)

Hand Arthritis is known to have functional implications. There are many approaches to treatment including orthoses, modalities, edema and pain management, and especially joint protection education. Occupational Therapists are in an ideal position to educate patients in lifestyle adjustment and facilitate proper management of arthritis symptoms.

Leadership: What a Student Needs to Know to Grow Both as a Therapist and as a Manager – Jenny Labonte and Kelly Sajdak (STUDENT TRACK)

This course is aimed at students. Learn from OT leaders, and gain insight into the skills and abilities which will help you advance your career.

Saturday 3:05 - 4:30 p.m.

Management of Hand Arthritis: Advanced Practice & Post-Surgical Rehab – Nicole Bolwerk and Kelly Talbot (part 2 of session beginning at 1:35) (Together= 3CEUs) (Hand Therapy, Productive Aging, Physical Disability)

This session is intended for practitioners or specialists working with patients with hand arthritis. We will go beyond the basics to discuss advanced practice and post-operative techniques for managing hand arthritis.

Student Meeting

Students are invited to participate in a business meeting to learn more about WOTA, elect a student leader for the WOTA board, and become more engaged in the OT field in Wisconsin!