

Ambulatory Care Academy Spring Meeting

Friday, April 26, 2024

WSPA Office – Conference Room

411 Williams Ave S

Renton, WA 98057

Live – Seminar & Webinar (Zoom)

Agenda

9:00AM – 9:15AM	Welcome & Opening Remarks	Rebecca West, PharmD
9:15AM – 9:45AM	Ambulatory Care Practice Spotlight	Patti Walton, PharmD, BCGP, GC-ADM, TTS
9:45AM – 10:30AM	Clinical Pearls Session 1: GLP-1 Receptor Agonists: Through the Lens of a Pharmacist	Jinha Park, PharmD
10:30AM – 11:00AM	Clinical Pearls Session 2 Motivational Interviewing for the Ambulatory Care Pharmacist	Olivia Hiskey, PharmD
11:00AM – 11:15AM	Break and Networking	
11:15AM – 12:00PM	Break-Out Session: Pharmacist-Provider Relationships	
12:00PM–12:30PM	Break-Out Session: Billing	
12:30PM –1:00PM	Wrap-Up	

Presenter Biography & Activity Descriptions

This meeting is for pharmacists in ambulatory settings to share best practices, advancements, and network with their peers. This meeting is ideal for any pharmacist providing or interested in clinical pharmacy services for ambulatory patients. We will offer this meeting as a live event, a webinar and will record the CEs to allow attendees to refer to the materials post-event.

Presenter: Jinha Park, PharmD.

Jinha Park is a current PGY2 ambulatory care pharmacy resident at Virginia Mason Medical Center in Seattle, Washington. She has completed her PGY1 at Providence St. Vincent Medical Center in Portland, Oregon and obtained her Doctor of Pharmacy degree at University of Washington. Her career interests are diabetes management and pharmacy leadership. She will be starting her career at Virginia Mason Medical Center as a primary care pharmacist in July 2024.

Clinical Pearls Session 1: GLP-1 receptor agonists: Through the Lens of a Pharmacist

9:45 am – 10:30 am | 0.75-hour CPE | Target Audience: Pharmacists, Technicians, Students

ACPE UAN: 0130-0000-24-268-L01-P&T | Activity Type: Knowledge | Disclosure: None

At the completion of this activity, the pharmacist and technician will be able to:

1. Review recent literature regarding GLP-1 receptor agonists.
2. Describe management strategies for GLP-1 receptor agonist side effects.
3. Discuss how to manage common prescribing issues for GLP-1 receptor agonists.

Presenter: Olivia Hiskey, PharmD.

Olivia is a current PGY1 Pharmacy Resident at the Mann-Grandstaff VA Medical Center in Spokane, WA. She obtained her Doctor of Pharmacy degree at Washington State University College of Pharmacy and Pharmaceutical Sciences in 2023. Her interests include mental health, women's health, substance use disorder, and academia. She is a strong advocate for increasing patient access to substance use care and is looking forward to pursuing her goal of becoming a board-certified psychiatric pharmacist next year as a PGY2 psychiatric pharmacy resident at the Salt Lake City VA.

Clinical Pearls Session 2: Motivational Interviewing for the Ambulatory Care Pharmacist

10:30 am – 11:00 am | 0.5-hour CPE | Target Audience: Pharmacists, Technicians, Students

ACPE UAN: 0130-0000-24-269-L99-P&T | Activity Type: Application | Disclosure: None

At the completion of this activity, the pharmacist and technician will be able to:

1. Define the four processes of motivational interviewing.
2. Distinguish change-talk from sustain-talk.
3. Recognize techniques to address patient ambivalence to change.
4. Identify methods for successful motivation interviewing implementation via various telehealth modalities.

Motivational interviewing is an essential tool for ambulatory pharmacists to identify barriers and evoke positive health changes with their patients. This presentation will review the motivational interviewing spirit and process as well as provide techniques to assist in guiding patients to making positive choices for their health. Additionally, the topic of ambivalence to change will be discussed. Lastly, methods to successfully utilize motivation interviewing during virtual care will be reviewed.

How to Obtain CE Credits for the Event

In order to process CE credits, you must provide the correct NABP e-Profile ID number along with your birth month and day (MMDD format). The NABP e-Profile ID number is a six to eight-digit number, and it is NOT your license number, NPI number or store NABP#. The CE credit will then be uploaded to the CPE Monitor and attendance of CE can be tracked through that system. It is your responsibility to check the CPE Monitor within 60 days to confirm that all your CEs have been uploaded. If you need to verify your number or have not yet registered for one, please visit www.MyCPEMonitor.net.

CE requirement for in person and webinar evaluation

The live session will be held on **Friday April 26th, 2024**. Doors open at 8:30AM, and ACPE accredited sessions start at **9:45AM**.

The Spring Meeting will be hosted in the WSPA Office in Renton & via live on Zoom. LecturePanda is the CE Platform for our Spring Ambulatory Care Academy Meeting, and you must register and create a profile. Your profile is unique to each WSPA meeting, so you will need to create your new profile for the Spring Ambulatory Care Academy Meeting. Once you create your profile, you will receive an email from "LecturePanda". Please keep this email as this will be how you access your profile again. The email contains a link to view CE session objectives and full accreditation information, upload CE credit and download presentation materials. Presentation slides and handouts can be accessed through the "Materials" section in LP. Use this tab to download and print presentations before the meeting. Printed handouts or presentations will not be provided at the meeting. Also, the CE sessions will have Wi-Fi available so you may bring a laptop, phone, or tablet to log CE and take notes.

To receive credit, participants must go into LP to submit the secret codes and evaluation for each CE activity attended. At the end of each CE presentation, you will be provided with the secret code. Here are the registration and CE upload instructions: [LP Registration and Upload Instructions](#). **Evaluations must be completed on or before Tuesday, June 25th to earn CE credit.**

ACPE does not allow any CPE uploads after 60 days from the activity date so it's important to do the evaluation right away after the webinar. You are responsible for checking the CPE Monitor to verify that all CE activities attended are showing by June 25th. If there are any discrepancies, please reach out to the WSPA office before the end of the 60 days.

Minimum System Requirements

Processor: 1 GHz Hard Drive: 32 GB Memory (RAM): 1 GB Sound card w/speakers Internet Access: 10 Mbps download.

Supported Browsers

Latest Chrome Version, Latest Firefox Version, Latest Edge Version Latest Safari Version Internet Explorer 11



The Washington State Pharmacy Association is accredited by the Accreditation Council for Pharmacy Education as a Provider of continuing pharmacy education.