

WSPA Annual Meeting

Suncadia Resort | Cle Elum, WA

November 13th – 14th, 2026

The Washington State Pharmacy Association is accredited by the Accreditation Council for Pharmacy Education as a Provider of continuing pharmacy education.



Meeting Information:

Welcome to the WSPA Annual Meeting! Events such as these build our social connections, which in turn makes each of us more resilient to stress and burnout. Networking and connecting are powerful, and we have designed this meeting with longer breaks, interactive sessions and inspiring topics to rekindle your inner flames and build back your resilience. If you are a first time attendee, please reach out to the WSPA staff and board members to help you connect with peers and navigate the meeting. We are thrilled you are back meeting with us!

Annual Meeting Online CE Platform and Presentation Materials

The WSPA uses an online CE platform, Lecture Panda (LP) for the WSPA Annual Meeting. Meeting participants can use LP for each session to access full accreditation information, download and view presentation slides and handouts, claim CE credit, and evaluate sessions.

Your profile is unique to each WSPA meeting, so you will need to create your new profile for the Annual Meeting. Your NABP# (NABP e-Profile ID number is a six to eight-digit number) and date of birth (MMDD format) is required for pharmacists and technicians to register and claim CE credit. Once you create your profile, you will receive an email from "LecturePanda". Please keep this email as this will be how you access your profile again. The email contains a link to view CE session objectives and full accreditation information, upload CE credit and download presentation materials. Presentation slides and handouts can be accessed through the "Materials" section in LP. Use this tab to download and print presentations before the meeting. Printed handouts or presentations will not be provided at the meeting. Also, the CE sessions will have Wi-Fi available so you may bring a laptop, phone or tablet to log your CEs and take notes.

CE Requirement – Secret Codes and Online Evaluation

In order to receive credit, participants must go into LP to submit the secret code and evaluation for each CE activity attended. At the end of each CE presentation, participants will be provided with a secret code. Participants can document the code on the Activity Description and CE Tracking Form available at the registration desk. To receive credit for the activity, participants must follow the **CPE Upload Instructions** provided on the website and at the meeting. WSPA staff will be available throughout the meeting to assist you with the CE upload. Participants will only have **60 days** from the activity date to upload CE credits in order to receive credit. The CE credit will then be uploaded to the CPE Monitor and attendance of CE can be tracked through that system. ***It is your responsibility to check the CPE Monitor within the 60 days' timeframe to confirm that all of your CEs have been uploaded.***

Technician or Pharmacist Accredited CE

The CPE activities accredited for pharmacists will have a designation of "P" next to the ACPE number. CPE activities accredited for technicians will have a "T". For example, "ACPE # 0130-0000-26-001-L04-P&T" is accredited for both pharmacists and technicians. **The agenda at a glance will also have an ** next to the title that is only pharmacist accredited.**

How to Understand CE Subject Classification

ACPE # 0130-0000-26-001-**L04**-P&T; this ACPE number has L04 which means it's a live event and classified as pharmacy administration. A list of definitions is below:

L01 – Disease State/Drug Therapy
L02 – HIV/AIDS Therapy
L03 – Law Related to Pharmacy Practice

L04 – Pharmacy Administration
L05 – Patient Safety
L06 – Immunizations

L07 – Compounding
L08 – Pain Management/Opioid/SUD
L99 – Additional Topic Areas

Meeting Agenda

Speaker & Activity Descriptions

Friday, November 13th, 2026

Hormones Through the Ages: Contraception and Menopause Essentials

8:30 AM – 10:00 AM | 1.5 hours CPE | Activity Type: Knowledge | Room: Owens A

ACPE UAN: 0130-0000-26-XXX-L03-P&T | Target Audience: Pharmacist & Technician

Faculty: James Lin, PharmD; Hollie Wakelyn, PharmD, BCACP, MSCP | Conflict of Interest: None

Dr. James Lin is a clinical assistant professor at the University of Washington School of Pharmacy and practicing community pharmacist. Dr. Lin is involved in OTC contraception work, specifically breaking barriers related to billing and access. Dr. Lin is excited to share with you all updates related to this field.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Identify Washington state laws and regulations regarding OTC contraceptives.
- Identify common barriers and myths that patients experience when trying to access OTC contraceptives.
- Describe the current claims processing procedures for OTC contraceptives and where to direct patients who struggle to access these products.
- List resources and information related to OTC contraceptive coverage.

Washington State requires health plans to cover OTC contraception claims. Despite this, barriers exist. This presentation will explore the laws, barriers, and resources related to helping patients access OTC contraception.

What the Recruiter Sees: A Guide to Resumes and CVs

8:30 AM – 10:00 AM | 1.5 hours CPE | Activity Type: Application | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L01-P&T | Target Audience: Pharmacist & Technician

Faculty: Matthew Phillips | Conflict of Interest: None

Matt Phillips trains hiring managers — and he's here to share what they know that most job seekers never get to hear. With recruiting experience at Washington Permanente Medical Group, Providence/Swedish, The Everett Clinic, and Optum Washington, he has reviewed tens of thousands of resumes and CVs and screened hundreds of healthcare candidates at every stage of the hiring process. As Principal of Phillips Recruiting and Senior Recruiter at PCC Community Markets, he spends his days designing hiring processes and coaching the people making decisions on the other side of the table. He's here to flip the script and give this room a look at the hiring process from the inside.

At the completion of this activity, the pharmacist will be able to:

- Differentiate between a resume and a CV, identifying the key structural and content differences between the two documents.
- Select whether a resume or a CV is appropriate based on role type, practice setting, and career stage.
- Analyze a CV or resume using a recruiter's screening criteria to identify strengths and areas for improvement.
- Compare CV and resume expectations across pharmacy practice settings.
- Construct experience bullets and a professional summary that accurately and compellingly represent their qualifications.

At the completion of this activity, the technician will be able to:

- Differentiate between a resume and a CV, identifying the key structural and content differences between the two documents.
- Select the document and content that best fits a technician role, based on the position and practice setting.
- Analyze a resume using a recruiter's screening criteria to identify strengths and areas for improvement.
- Construct experience bullets and a professional summary that accurately and compellingly represent their qualifications.

CV or resume? Most pharmacy professionals aren't sure which one a given opportunity calls for — or what belongs on either. In this session, a recruiter who has reviewed tens of thousands of these documents breaks down the real differences between

the two, when each one belongs in an application, and what earns a place in the top third of the page. You'll see how a recruiter reads a CV in the first seven seconds, work through a real example with the person next to you to spot what's strong and what's missing and leave with specific guidance across practice settings. Come ready to participate — and plan to look at your own CV differently on the drive home.

Ambulatory Care Networking Session

A Pharmacy Professional's Guide to Treating Heart Failure

8:30 AM – 10:00 AM | 1.5 hours CPE | Activity Type: Application | Room: Masterson

ACPE UAN: 0130-0000-26-XXX-L01-P&T | Target Audience: Pharmacist & Technician

Faculty: Catherine Zheng, PharmD, BCACP | Conflict of Interest: None

At the completion of this activity, the pharmacist will be able to:

- Use guideline-directed medical therapy (GDMT) for treatment of heart failure.
- Differentiate GDMT applied to heart failure with reduced ejection fraction (HFrEF) and heart failure with preserved ejection fraction (HFpEF).
- Formulate patient-specific treatment and follow-up plans based on GDMT and patient-specific considerations.
- Evaluate opportunities for pharmacy services within an established heart failure clinic.
- Design pharmacy services within a heart failure clinic to provide value to patient outcome.

At the completion of this activity, the pharmacy technician will be able to:

- Differentiate the classes of medications used in guideline-directed medical therapy (GDMT) of heart failure.
- Categorize individual medications used in heart failure to their classes.
- Examine the importance of medication reconciliation and maintaining accurate medication record in the treatment of heart failure.

A 2-part guide to heart failure: Interactive review of guideline-directed medical therapy for heart failure through patient cases; Insight into development of pharmacy services within a heart failure clinic.

Keynote | The Past, Present, and Future of AI-enabled Therapeutics Development

10:20 AM – 11:50 AM | 1.5 hours CPE | Activity Type: Knowledge | Room: Owens A&B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Gaurav Bhardwaj, PhD | Conflict of Interest: Scientific Cofounder & Advisor for Vilya Therapeutics / Consultant for Ellison Medical Institute LA / Independent Contractor for Novo Nordisk Foundation, Eli Lilly, & Merck – All financial relationships have been mitigated

Dr. Gaurav Bhardwaj is an Associate Professor of Medicinal Chemistry at the University of Washington's School of Pharmacy and UW Institute for Protein Design. He is also the Co-director for the UW Institute for Drug Disposition and Delivery. He received his PhD from Pennsylvania State University and completed his postdoctoral training at the University of California, Davis, and the University of Washington, Seattle. As a postdoctoral fellow in Dr. David Baker's Nobel Prize-winning lab, Gaurav pioneered the computational design of peptides with precise control over their shapes, sizes, and chemical diversity. More recently, the Bhardwaj lab has developed new state-of-the-art generative AI tools to design novel peptide and protein-based therapeutic candidates with atomic-level accuracy. Dr. Bhardwaj is also the scientific co-founder of Vilya Therapeutics, a biotech spin-out from University of Washington.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Define the current state of AI-methods for designing new therapeutic candidates.
- Discuss the contrast between AI-based methods for therapeutic discovery vs. traditional approaches.
- List the current bottlenecks in applying AI end-to-end in therapeutics development.
- Describe the potential future impacts of AI on therapeutic discovery and development.

Artificial intelligence is rapidly transforming how new drugs are discovered, designed, and brought to market. This session provides a clear roadmap of where AI-driven drug development started, how it is being used today, and where it is headed tomorrow. Participants will explore how advanced computational algorithms contrast with traditional, time-consuming laboratory discovery methods. The activity will also address the real-world challenges and data bottlenecks that currently

prevent fully automated, end-to-end therapeutic design, while offering a forward-looking perspective on how these technologies will ultimately reshape patient care and the pharmacy profession.

Trimming the Fat: A Review of the 2026 ACC/AHA Multi-Society Cholesterol Guidelines and Update of Therapeutics

1:30 PM – 2:30 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens A

ACPE UAN: 0130-0000-26-XXX-L01-P&T | Target Audience: Pharmacist & Technician

Faculty: Matthew Slagle, PharmD, BCACP | Conflict of Interest: None

Matt is a cardiology ambulatory care pharmacist at Confluence Health in Wenatchee where he completed his PGY1 residency in 2017. He hails from the tiny town of Republic, WA where his family owned a pharmacy for 117 years. He graduated from the University of Montana Skaggs School of Pharmacy in 2016 before completing his residency at Confluence Health Central Washington Hospital. Outside of Pharmacy, Matt loves to run, fly fish, hunt, hike, ski/ski patrol, and spend time with his wife and two young sons.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Define cholesterol goals per patient specific risk factors.
- Explain the differences between LDL, Apolipoprotein B (ApoB), Lipoprotein (a) (LP(a)), and non-HDL.
- Describe the changes in revised recommendations to the 2026 ACC/AHA Joint Committee lipid guidelines from the 2018 ACC/AHA guidelines.
- Describe the new recommendations addressed in the 2026 ACC/AHA Joint Committee lipid guidelines, not previously addressed from the 2018 ACC/AHA guidelines.

A lot has changed since the last iteration of the ACC/AHA lipid guidelines were released in 2018. Matt Slagle, PharmD, BCACP, will break down the changes in the 2026 multi-society lipid guidelines, as well as provide a brief update on future lipid lowering therapies.

Health-Systems Networking Session

Session Title TBD

1:30 PM – 2:30 PM | 1 hour CPE | Activity Type: Knowledge | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Lloyd Stever, PharmD; Michael Wong, PharmD, MHA, BCPS | Conflict of Interest: None

Michael Wong is currently the Inpatient Pharmacy Operations Manager at UWMC Montlake. He moved to Washington after finishing pharmacy school in California. After finishing the UW HSPAL residency in 2020, he became the operation manager at UWMC Northwest campus and moved into his current role. He is also currently the advisor for the UW ASHP Student Chapter and working with the amazing student leaders to promote health systems pharmacy.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

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Community Networking Session

Fill Your Own Cup: Burnout Tools for Pharmacy Professionals When Demand Peaks

1:30 PM - 2:30 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Masterson

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Julie Hanna, PharmD | Conflict of Interest: None

Julie is a dedicated, passionate, and trusted community pharmacist. She earned her Doctor of Pharmacy degree from the University of Washington in 2013. She has spent her entire pharmacy career at Fred Meyer, working her way up the ranks from a pharmacy assistant to her current position as pharmacy manager. Julie is committed to building lasting and trusting relationships with her patients while promoting safe medication management and optimal health care for the community she serves.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:



On the cUSP of Disaster: Medication Safety and Risk Management Principles for Sterile Compounding

2:45 PM – 3:45 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens A

ACPE UAN: 0130-0000-26-XXX-L07-P&T | Target Audience: Pharmacist & Technician

Faculty: Kevin Anderson, PharmD, MHA, MBA; Shiela Lukito, PharmD, CPPS | Conflict of Interest: None

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Explain the purpose of USP 797.
- Describe different methods for medication safety risk identification, reporting, and assessment.
- Recognize the impact of technology on medication safety.

Sterile compounding continues to be one of the highest safety risk areas in pharmacy. It is important to understand risk management and medication safety principles beyond the requirements of USP 797. Using the recent events reported about a pharmacy compounding error causing permanent harm to 4 patients and putting their hospitals in immediate jeopardy, we will explore the purpose of USP 797, how to use medication safety and risk management methods to review your current processes, and look at the impact of technology on your practice.

Washington Recovery Assistance Program for Pharmacy

2:45 PM – 3:45 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L08-P&T | Target Audience: Pharmacist & Technician

Faculty: William Rhodes, MSW, SUDP, SWAIC | Conflict of Interest: None

William Rhodes is the Program Manager for the Washington Recovery Assistance Program for Pharmacy. He is responsible for the day-to-day management of the WRAPP program. Primary duties include providing resources and referrals for WRAPP participants with substance abuse detoxification, assessment, and treatment. Additionally, William oversees Participant Monitoring/Compliance, coordination with Department of Health reporting, UA monitoring, Employment Resources, guest speaking and Community Outreach.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Describe the role of WRAPP and the basic steps involved in referral, evaluation, treatment, and monitoring.
- Explain the difference between substance use disorder (SUD), DUI, and drug diversion as they relate to pharmacy professionals.
- Indicate the risk factors associated with SUDs in the healthcare workforce.
- Review both the legal and ethical responsibility regarding suspected drug diversion and impairment.
- Identify resources available to individuals and actions needed to promote awareness of WRAPP.

WRAPP assists Pharmacy Professionals with Substance Use Disorder and Drug diversion in the workplace. WRAPP assistance most often occurs to support a substance use disorder and assists Pharmacy Professionals with assessment, treatment, monitoring and compliance. From workplace monitoring and testing to in-home testing, WRAPP uses current technology to promote health and safety for Pharmacy Professionals in the workplace, since 1983.

Independent Academy Networking Session

Pharmacy Practice Trends & Updates

2:45 PM – 3:45 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Masterson

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Jacqueline Eide, PharmD | Conflict of Interest: None

Jacqueline Eide is the owner and pharmacist of Goldendale Pharmacy, in Goldendale, Washington, and Horizon Pharmacy in Wapato, Washington, an affiliate of Cascadia Pharmacy Group. She is the current chair of Washington State Pharmacy

Association Independent Practice Academy. She is passionate about independent community pharmacy and its role especially in rural communities. She has partnered with the local county health department to address care gaps for patients with mental illness and implemented minor medical care and OTC prescribing in the pharmacy to help reduce the need for ER visits.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Discuss specific issues and needs pertaining to Independent Pharmacy Practice.
- Define state and federal legislative/regulatory issues pertaining to pharmacy.

This CE activity is designed to support independent pharmacy owners with discussion and tools to support them. We will discuss opportunities to expand clinical services in community practice, error reporting systems, employee and personal wellbeing, and adopting medical billing software into practice. Participants should bring their experiences and questions to this interactive session.

Student Academy Networking Session

4:00 PM – 5:00 PM | 1.0 hour | Room: Masterson| **No CE Offered**

Faculty: Heather Kleven, Sr. Liaison Student Director, WSU PharmD Candidate & Olivia White, Jr. Liaison Student Director, WSU PharmD Candidate & Nika Woo, Sr. Liaison Student Director, UW PharmD Candidate & Olivia Lee, Jr. Liaison Student Director, UW PharmD Candidate

Join the Student Academy Session to network with your peers and discover the world beyond traditional pharmacy roles. Our student representatives have curated a lineup of guest speakers to shed light on unique pharmacy opportunities. Don't miss out on expanding your horizons and forging new connections!

Saturday, November 14th, 2026

2026-2027 Respiratory Vaccine Evidence & Recommendations

8:30 AM – 9:30 AM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens A

ACPE UAN: 0130-0000-26-XXX-L06-P&T | Target Audience: Pharmacist & Technician

Faculty: Mylinh Nguyen, PharmD | Conflict of Interest: None | Kimberly McKeirnan, PharmD, BCACP | Conflict of Interest: Grant Funding from Merck & CSL Seqirus / Royalties from American Pharmacists Association & WSU / Investigator & Owner of PharmVRI – All financial relationships have been mitigated

Kimberly C. McKeirnan is a Professor of Pharmacotherapy and Director of the Center for Pharmacy Practice Research at the Washington State University. She is also a PhD student at Nelson Mandela University studying the pharmacist's role in immunization administration in Africa. Dr. McKeirnan is passionate about research involving pharmacy practice and public health.

Mylinh Nguyen, PharmD is the Director of Practice Development at the Washington State Pharmacy Association where she aims to continue efforts in advancing the pharmacy profession and serving as a core team member in improving patient care and expanding patient access to health care services. She earned her Doctor of Pharmacy degree at Washington State University and went on to practice in the community setting at Bartell Drugs for 15 years. She also serves on the Board for Vietnam Health Clinic, a community-based organization that is dedicated to expanding healthcare access and services to under-resourced populations while fostering leadership and professional development among the student members to become the next generation of healthcare leaders. Connecting with like-minded individuals across multiple disciplines is a passion of hers to work together towards building and providing a holistic approach to patient care.

At the completion of this program, the pharmacist will be able to:

- Review the 2026 – 2027 influenza, COVID-19, and RSV recommendations from AAP, AAFP, COG, and IDSA with the most recent independent evidence review that informed them, including populations where guidance is risk-based or requires shared clinical decision-making.
- Select appropriate vaccine products, dosing, and timing for adults 65 and older, pregnant patients, and immunocompromised patients based on the 2026 – 2027 recommendations.

- Identify the applicable legal authority for a given vaccination encounter – statewide standing order, collaborative drug therapy agreement or an individual prescription.
- Recognize common misconceptions about influenza, COVID-19, and RSV immunization against current evidence-based communication techniques.

At the completion of this program, the technician will be able to:

- Review the 2026 – 2027 respiratory immunization recommendations for influenza, COVID-19, and RSV and the populations specific medical societies addressed.
- List the appropriate vaccine products, dosing, and timing for adults 65 and older, pregnant patients, and immunocompromised patients based on the 2026 – 2027 recommendations.
- Recognize the Washington COVID-19 vaccine standing order to allow a patient to request a COVID-19 vaccination at the pharmacy without an individual prescription.
- Identify common misconceptions about influenza, COVID-19, and RSV immunizations and resources to educate and counter these misconceptions.

This session reviews the 2026 – 2027 respiratory virus season immunization recommendations released September 2 by the American Academy of Pediatrics, American Academy of Family Physicians, American College of Obstetricians and Gynecologists, and the Infectious Diseases Society of America, along with the independent evidence review by the Vaccine Integrity Project and the American Medical Association that informed them. Participants will walk through what the recommendations say for influenza, COVID-19, and RSV across patient populations. We will go over resources for building vaccine confidence, debunking common myths, and communication strategies to address vaccine questions and concerns.

Closing the Health Equity Gap: Addressing Disparities - The Pharmacy Professional's Role

8:30 AM – 9:30 AM | 1.0 hour CPE | Activity Type: Application | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L99-P&T | Target Audience: Pharmacist & Technician

Faculty: Anita Sulaiman | Conflict of Interest: None

Anita Sulaiman is Principal Consultant and Executive Coach at IBEX Consulting, whose areas of expertise include strategy, leadership development, change management/business process re-engineering and health equity. Anita is also a culture coach specializing in cultural competency and cross-cultural communication. Helping individuals and organizations excel in a global world is a passion. Anita stays at the forefront of efforts to improve patient safety, serving on advisory groups and committees for organizations including the Washington Patient Safety Coalition. She is Chair of the Addressing Stigma and Bias Workgroup, a partnership between WPSC and the Bree Collaborative, a healthcare non-profit established by the Washington State Legislature.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Identify social determinants of health & their impact on health outcomes.
- Demonstrate understanding of health disparities, their significance & contributing factors.
- Articulate the importance of their role as a care team member in addressing inequities.
- Determine how to use their unique expertise to help close gaps & advance health equity by ensuring equitable care for every patient.

The learners will gain a clear appreciation of how they can play an integral role in advancing health equity in their position as frontline healthcare providers whose awareness of social determinants of health enables them to reduce gaps in care.

General Session: Current Issues in Pharmacy Practice

9:45 AM – 11:15 AM | 1.5 hours CPE | Activity Type: Knowledge | Room: Owens A&B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Jenny Arnold, PharmD, BCPS; Tim Lynch, PharmD | Conflict of Interest: None

Dr. Jenny Arnold is the CEO of the Washington State Pharmacy Association, where she has worked since 2009. Jenny received her Doctor of Pharmacy Degree from the University of Washington School of Pharmacy in 2006 and completed her Pharmacy Practice Residency the next year at Swedish Medical Center in Seattle, WA. Dr. Arnold works to advance the

practice of pharmacy in Washington through advocacy, education, and connections between the profession. She has worked with local, state, and national organizations to increase pharmacist reimbursement for patient care as billing providers. She is particularly passionate about pharmacist provided patient care to improve outcomes, public health, and immunizations. Dr. Arnold is a Board-Certified Pharmacotherapy Specialist and is a Clinical Assistant Professor with the University of Washington School of Pharmacy and a Clinical Affiliate with Washington State University College of Pharmacy and Pharmaceutical Sciences.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Discuss WSPA's state legislative priorities for the upcoming session.
- Identify regulatory issues pertaining to pharmacy practice in Washington State.
- Describe current trends in pharmacy practice.
- Describe the successes, challenges and priorities of the Washington State Pharmacy Association.

This session serves as an advocacy and membership update annually for the Washington State Pharmacy Association. Member prioritized initiatives are discussed and the leadership of WSPA seeks active feedback from WSPA members on pressing issues for the pharmacy professions. The WSPA President also gives their final address during this important session. Members are encouraged to voice their opinions and hear those of others in this interactive session.

Legislative Panel

11:30 AM – 12:30 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens A&B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: TBD | Conflict of Interest: TBD

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

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Novel Therapeutic Advancements in Treatment Resistant Depression

2:00 PM – 3:00 PM | 1.0 hour CPE | Activity Type: Application | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L01-P&T | Target Audience: Pharmacist & Technician

Faculty: Colby Burns, PharmD, MBA | Conflict of Interest: None

Colby earned both his Doctor of Pharmacy and Masters of Business Administration degrees in 2018 from the University of Montana in Missoula. He also has a Bachelor of Science degree in Chemistry from Oregon State University. Colby is a veteran of the US Navy, graduating through the Naval Reserve Officer Training Corps program at Oregon State. He served as a logistics officer in the Navy Reserve in support of the Navy's Seventh Fleet area of operations prior to pharmacy school. After pharmacy school, he continued service in the Navy as the supervisor of outpatient pharmacy operations at Naval Medical Center Camp Lejeune, one of the largest military treatment facilities in the continental United States, and serving on a couple of missions in support of COVID-19 efforts. After his tour as a Navy pharmacist was over, he went into a PGY-1 residency program at Providence St. Peter Hospital in Olympia, WA, then pursued additional specialization as a pharmacist working in behavioral health at Genoa Healthcare. He currently is an ambulatory care clinical pharmacist at CHAS Healthcare, a federally qualified health center in Spokane, WA. Colby has a passion for helping our nation's veterans, and became interested in the field of psychedelic science as a way to promote remission of PTSD. He founded Neural Pharm LLC as an educational resource around psychedelics and alternative health topics, and serves as the President of the Psychedelic Pharmacist Association. His dream is to see improved access to treatment option for our nation's veterans and to end the veterans mental health crisis, that has seen too many take their own lives (including close colleagues). In his free time, he enjoys the outdoors and spending time with his family.

At the completion of this program, the pharmacist will be able to:

- Evaluate basis of serotonin theory of depression, and limitations to conventional understanding of depression management and treatment.
- Evaluate evidence for Esketamine (Spravato®) for treatment resistant depression (TRD), and for acute suicidal ideation.

- Model REMS and monitoring requirements for Esketamine, billing considerations, and review market analysis.
- Analyze neuroplasticity model of depression, and utilization of classical psychedelics including COMP 360 in the treatment of TRD.
- Analyze the role of the pharmacist in psychedelic assisted therapy.

At the completion of this program, the pharmacy technician will be able to:

- Evaluate basis of serotonin theory of depression, and limitations to conventional understanding of depression models and treatment.
- Analyze synaptogenic model of depression, and contrast with conventional depression models.
- Evaluate evidence for Esketamine (Sparvato®) for treatment resistant depression (TRD), and for acute suicidal ideation.
- Model REMS and monitoring requirements for Esketamine, billing considerations, and review market analysis.
- Analyze neuroplasticity model of depression, and utilization of classical psychedelics including COMP 360 in the treatment of TRD.
- Analyze the role of the technician in psychedelic assisted therapy.

As conventional antidepressant strategies face ongoing challenges with efficacy and treatment resistance, breakthrough paradigms—particularly the neuroplasticity model and psychedelic-assisted therapies—are redefining clinical approaches to depression management. This activity bridges the gap between traditional psychopharmacology and cutting-edge clinical data. Participants will explore the limitations of the classic serotonin hypothesis, dive deep into the mechanisms of neuroplasticity, and rigorously evaluate the clinical evidence, safety profiles, and operational logistics surrounding emerging interventions for treatment-resistant depression (TRD). Additionally, this program addresses critical real-world barriers, including healthcare policy, formulary positioning, and institutional access.

No Code, No Problem: Using AI to Conquer Excel Formulas and Macros

2:00 PM – 3:00 PM | 1.0 hour CPE | Activity Type: Application | Room: Owens B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Stanley Tan, PharmD | Conflict of Interest: None

Stan is a seasoned pharmacist with a decade of experience at UW Medicine, where he excels in identifying and resolving inefficiencies within pharmacy operations. His daily routine is characterized by a proactive approach to problem-solving, consistently leading to innovative and impactful solutions. Among his notable accomplishments are the implementation of a system-wide inventory management system, a significant overhaul of the enterprise's digital presence, and the automation of numerous routine tasks. Stan's professional journey is marked by a steadfast dedication to enhancing healthcare delivery through strategic advancements and technological integration.

At the completion of this program, the pharmacist & technician will be able to:

- Demonstrate the process of writing effective prompts to generate and troubleshoot complex spreadsheet formulas.
- Formulate a functional Excel macro using AI-generated scripts to automate repetitive administrative tasks without prior coding experience.
- Evaluate the accuracy and operational security of AI-generated spreadsheet solutions prior to implementing them into live clinical operations.

Skip the traditional lecture for a hands-on, interactive session focused on live Excel problem-solving with generative AI. Built for occasional Excel users who have dabbled with basic tasks like writing simple one-step formulas, this workshop introduces foundational AI prompting to generate formulas, troubleshoot errors, and build macros in real time.

Pharmacy Technician Networking Session

Finding Career Fulfillment: Values, Strengths, and Purpose

2:00 PM – 3:00 PM | 1.0 hour CPE | Activity Type: Application | Room: Miller

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Jenny Bacci, PharmD, MPH, BCACP | Conflict of Interest: None

Dr. Jennifer Bacci is the Endowed Associate Professor in Innovative Pharmacy Practice and Director of the Center for Pharmacy Practice Transformation at the University of Washington School of Pharmacy. Her work focuses on expanding patient care services in community pharmacies and supporting pharmacy teams in putting services into practice. She practiced for 10 years before joining the UW and stays closely connected to pharmacy practice through her work with the Washington State Pharmacy Association, CPESN Washington, and the ACT Pharmacy Practice Transformation Collaborative, a national collaborative connecting pharmacy schools and community pharmacies to advance patient care. Within the PharmD program, she teaches professional identity formation, including what it means to think, act, and feel like a pharmacy professional.

At the completion of this activity, the pharmacist and pharmacy technician will be able to:

- Identify your personal values.
- Describe how your personal values guide your actions.
- Review your personal levels for flexibility and comfort with change.
- Identify your professional superpowers.
- Describe how your professional superpowers contribute to your identity as a pharmacy professional.
- Develop next steps for aligning your strengths, values, and professional development with greater career fulfillment.

This interactive session will help pharmacy professionals reflect on what drives them and how they show up in their work. Through activities focused on personal values, flexibility and comfort with change, and professional strengths or “superpowers,” participants will build greater self-awareness and explore how these factors shape their professional identity. Participants will leave with actionable next steps to align their values, strengths, and professional development with greater career fulfillment.

Pharmacy Quality Assurance Commission: A Year in Review

3:15 PM – 4:15 PM | 1.0 hour CPE | Activity Type: Knowledge | Room: Owens A&B

ACPE UAN: 0130-0000-26-XXX-L04-P&T | Target Audience: Pharmacist & Technician

Faculty: Marlee O’Neill, JD, Executive Director of Washington State PQAC, Lindsay Trant-Sinclair, MPP, Deputy Director of Washington State PQAC | Conflict of Interest: None

Marlee has been the Executive Director for the Washington State Pharmacy Quality Assurance Commission since 2022. She previously served as the Deputy Director for the Office of Investigative and Legal Services at the Department of Health where she assisted the Commission with its disciplinary matters. Prior to joining DOH, she worked at the Attorney General’s Office litigating disciplinary cases for various health care professions. Marlee earned her bachelor’s degree from the University of Washington and her law degree from Seattle University. Marlee enjoys using her law degree to assist the Commission in promoting public health and the pharmacy profession. In her free time, Marlee enjoys attending and watching sporting events with her family.

Lindsay has been the Deputy Director for the Washington State Pharmacy Quality Assurance Commission since 2021. She previously served as the commission’s Rules and Legislative. Before coming to the commission, she worked as a community organizer at a nonprofit organization and as a nonpartisan staffer in both the Oregon and Washington state legislatures giving her an in-depth look at the state policy process. She earned her undergraduate degree in Sociology (BA) at Willamette University and her Master of Public Policy degree (MPP) from Oregon State University.

At the completion of this activity, the pharmacist & pharmacy technician will be able to:

- Discuss the commission and staff makeup and how to engage with both.
- Identify new and updated areas of practice regulation and trending topics.
- Discuss the disciplinary process for pharmacy personnel.

Stay updated with pharmacy regulations and get your questions answered. Join an interactive session with the Pharmacy Quality Assurance Commission staff. This session will cover recent law and rule changes, ongoing rulemaking projects, and the inspection process. Learn how to prioritize patient safety while complying with pharmacy law and effectively engage with the commission.