



2025 Spring Technician CE Day

Friday, April 18th, 2025

WSPA Office – Conference Room
411 Williams Ave S
Renton, WA 98057

Live – Seminar & Webinar

Zoom: <https://us06web.zoom.us/j/9321486870?omn=86941188241>

Agenda

8:00AM – 8:30AM	Registration
8:30AM – 8:45AM	Introduction/Welcome Remarks Carrie Stephens, CPhT + Wyatt True + Sirena Kalinski
8:45AM – 9:45AM	Washington State & Federal Law Update Dedi Little, Director of Government Affairs, WSPA Boris Zhang, PharmD, Director of Professional Affairs, WSPA
9:45AM – 10:45AM	More than Medications: How Social Factors Shape Health in Older Adults Leigh Ann Mike, PharmD, BCPS, BCGP
10:45AM – 11:00AM	Break
11:00AM – 12:00PM	Mentorship: The Power of Connection Amanda Locke, PharmD, MBA, BCACP
12:00PM – 1:00PM	Expanding Roles within the Pharmacy Care Team: I'm not JUST a Pharmacy Technician! Sirena Kalinski, Pharmacy Technician
1:00PM – 2:30PM	Barbeque Social

How to Obtain CE Credits for the Event

In order to process CE credits, you must provide the correct NABP e-Profile ID number along with your birth month and day (MMDD format). The NABP e-Profile ID number is a six to eight-digit number, and it is NOT your license number, NPI number or store NABP#. The CE credit will then be uploaded to the CPE Monitor and attendance of CE can be tracked through that system. It is your responsibility to check the CPE Monitor within 60 days to confirm that all your CEs have been uploaded. If you need to verify your number or have not yet registered for one, please visit www.MyCPEMonitor.net.

CE requirement for in person and webinar evaluation

The live session will be held on **Friday, April 18th, 2025**. Doors open at 8:00AM, Introductions will start at **8:30am**, and CE sessions start at **8:45AM**.



The Technician Spring Fling will be hosted in the WSPA Office in Renton & via live on Zoom. LecturePanda is the CE Platform for our Spring Technician CE Day, and you must register and create a profile at the following link:

<https://www.lecturepanda.com/a/2025TechCEDay> or using the QR code to the left. Your profile is unique to each WSPA meeting, so you will need to create your new profile for the Spring Technician CE Day. Once you create your profile, you will receive an email from "LecturePanda". Please keep this email as this will be how you access your profile again. The email contains a link to view CE session objectives and full accreditation information, upload CE credit and download presentation materials. Presentation slides and handouts can be accessed through the "Materials" section in LP. Use this tab to download and print presentations before the meeting. Printed handouts or presentations will not be provided at the meeting.

Also, the CE sessions will have Wi-Fi available so you may bring a laptop, phone, or tablet to log CE and take notes.

To receive credit, participants must go into LP to submit the secret codes and evaluation for each CE activity attended. At the end of each CE presentation, you will be provided with the secret code. *Evaluations must be completed and submitted by **Monday, June 16th** to earn CE credit.*

ACPE does not allow any CPE uploads after 60 days from the activity date so it's important to do the evaluation right away after the webinar. *You are responsible for checking the CPE Monitor to verify that all CE activities attended are showing by **Monday, June 16th**.* If there are any discrepancies, please reach out to the WSPA office.

Minimum System Requirements

Processor: 1 GHz Hard Drive: 32 GB Memory (RAM): 1 GB Sound card w/speakers Internet Access: 10 Mbps download.

Supported Browsers

Latest Chrome Version, Latest Firefox Version, Latest Edge Version Latest Safari Version Internet Explorer 11



The Washington State Pharmacy Association is accredited by the Accreditation Council for Pharmacy Education as a Provider of continuing pharmacy education.

Activity Descriptions & Speaker Introductions

Washington State & Federal Law Update

8:45 AM - 9:45 AM | 1.0 hour CPE | Activity Type: Knowledge | Target Audience: Pharmacist & Technician
Faculty: Dedi Little, Director of Government Affairs, WSPA & Boris Zhang, PharmD, Director of Professional Affairs, WSPA
Conflict of Interest: None | ACPE UAN: 0130-0000-25-248-L03-P&T

At the completion of this program, the pharmacist and technician will be able to:

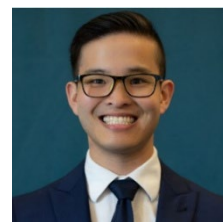
- Discuss updates to local WA laws impacting pharmacy.
- Discuss updates to federal laws and updates impacting pharmacy.

In this interactive presentation, we will go over law updates on the state level and federal level that impact pharmacy practice. Participants will be able to learn about new legislative work while being able to discuss current, ongoing legal activities.



Dedi Little is the Director of Government Affairs for the Washington State Pharmacy Association since 2004. Prior to joining the WSPA she was the Director of Government Affairs for the Washington Retail Association. Dedi has been a registered lobbyist in Washington State since 1990. During her career she has represented Agriculture, timber, small business, big business and health care. She studied political science at Evergreen State College.

Boris Zhang is a pharmacist and the Director of Professional Affairs with the Washington State Pharmacy Association. His background includes academia and long-term care. Since beginning his time at WSPA, he has worked with community group members to make sure pharmacies are aware of emergency preparedness including being a member of the Pharmacies and Inclusive Planning and the Centers of Excellence - Homeland Security Emergency Management workgroups.



More than Medications: How Social Factors Shape Health in Older Adults

9:45 AM - 10:45 AM | 1.0 hour CPE | Activity Type: Application | Target Audience: Pharmacist & Technician
Faculty: Leigh Ann Mike, PharmD, BCPS, BCGP | Conflict of Interest: None | ACPE UAN: 0130-0000-25-249-L04-P&T

At the completion of this program, the pharmacist and technician will be able to:

- Describe at least three social determinants of health (SDOH) that impact older adults.
- Explain how social determinants of health (SDOH) influence health outcomes.
- Identify at least two SDOH-related challenges from given a case scenario.
- Develop at least one actionable strategy to address an identified SDOH barrier within the scope of pharmacy practice.

The health of older adults is influenced by more than just medications —factors like financial security, social support, and access to care play a crucial role. This session explores the social determinants of health (SDOH) that impact aging and provides pharmacists and pharmacy technicians with practical strategies to identify and address these challenges in their practice. Through case studies and interactive discussions, participants will gain knowledge and tools to improve health outcomes and promote person-centered care for older adults.



Dr. Leigh Ann Mike, BCPS, BCGP is a Clinical Associate Professor of Pharmacy and Shirley & Herb Bridge Endowed Professor for Women in Pharmacy at the University of Washington. She is also the Assistant Director for Education at the Plein Center for Aging.

She completed her PharmD and PGY1 residency training at the University of Illinois at Chicago. Her interests include the care of older adults in acute/critical care settings; humanizing/whole-person care; preparing a diverse pharmacy workforce to meet the healthcare needs of an increasingly

diverse population of older adults; and developing Age Friendly Health Systems.

Mentorship: The Power of Connection

11:00 AM - 12:00 PM | 1.0 hour CPE | Activity Type: Application | Target Audience: Pharmacist & Technician
Faculty: Amanda Locke, PharmD, MBA, BCACP | Conflict of Interest: None | ACPE UAN: 0130-0000-25-250-L99-P&T

At the completion of this program, the pharmacist and technician will be able to:

- Identify key qualities and skills of effective mentors, including building strong connections and providing valuable guidance.
- Develop strategies for fostering a supportive and growth-oriented mentoring relationship.
- Evaluate your own experiences and values to understand your own personal approach to mentorship and connect with your own “Inner Mentor”.

Unleash your inner mentor and ignite growth through connection! Ready to empower others and unlock their full potential? This dynamic session will equip you with the skills to become a powerful mentor, whether formally or informally. Discover the transformative impact of guidance and explore the path to connecting with one’s own inner wisdom. Prepare to ignite growth in yourself and others!



Amanda is the Director of Ambulatory Services for the Bellevue Regional Medical Center with Virginia Mason Medical Center. Her team includes health care professionals within the Departments of Primary Care, Medicine, and Surgery. Prior to her work as a director, she was then Ambulatory Pharmacy Manager for five years. She is a graduate of Purdue University, completed a general post graduate residency program with Providence Health & Service in Portland, OR and a Health Administration post graduate program with Virginia Mason Medical Center in Seattle, WA. She is an active member of the Washington State Pharmacy Association (WSPA), currently serving a three-year leadership term in the Ambulatory Care Academy and is an Associate Professor with the University of Washington.

Expanding Roles within the Pharmacy Care Team: I'm not JUST a Pharmacy Technician!

12:00 PM - 1:00 PM | 1.0 hour CPE | Activity Type: Knowledge | Target Audience: Pharmacist & Technician
Faculty: Sirena Kalinski, Pharmacy Technician | Conflict of Interest: None | ACPE UAN: 0130-0000-25-251-L99-P&T

At the completion of this program, the pharmacist will be able to:

- List ways the roles of pharmacy technician have changed over the years the past 20 years.
- Identify expanded roles for pharmacy technicians.

At the completion of this program, the technician will be able to:

- List ways the roles of pharmacy technician have changed over the years the past 20 years.
- Identify expanded roles for pharmacy technicians.
- Recognize the difference in traditional and expanded roles for a pharmacy technician.

Discover how pharmacy technicians are stepping beyond traditional roles and into advanced, innovative, positions. Follow one tech’s journey to a leadership role and explore a non-traditional career path available in today’s evolving pharmacy landscape.

